

## Sandwiches

Daily selection made fresh on a variety of breads

| Egg \& Lettuce | $\$ 5.00$ |
| :--- | :--- |
| Ham \& Cheese | $\$ 4.50$ |
| Ham, Tomato with Cheese | $\$ 4.50$ |
| Salad Sandwich | $\$ 4.50$ |
| Ham or Chicken \& Salad | $\$ 5.00$ |

## Rolls

| Ham \& Salad | $\$ 5.50$ |
| :--- | :--- |
| Ham, Cheese, Tomato | $\$ 5.00$ |
| Ham or Chicken \& Salad | $\$ 5.50$ |
| Salad | $\$ 5.00$ |
| Chicken \& Avocado | $\$ 5.50$ |
| WrapS |  |
| Salad | $\$ 4.50$ |
| Ham or Chicken \& Salad | $\$ 5.00$ |
| Chicken Caesar | $\$ 5.00$ |

## Daily Summer Specials

Available in 1st break each day. Pre order so you don't miss out!

| Sushi Twin pack | $\$ 7.00$ |
| :--- | ---: |
| Salad sml/lge | $\$ 4.50 / \$ 6.50$ |
| Ham or Chicken Salad sml/lge | $\$ 6.00 / 1 \$ 8.00$ |
| Chicken Caesar Salad Sml/lge | $\$ 6.001 \$ 8.00$ |

## Daily Hot Meals

Grab a quick meal from our selection available $1^{\text {st }}$ break

| Spaghetti Bolognaise | $\$ 5.00$ |
| :--- | :--- |
| Lasagne | $\$ 2.00$ |
| Fried Rice | $\$ 2.00$ |

Wings \& Special fried rice with Vegetables $\$ 4.50$ Seafood Basket served with a Small side of Salad, Lemon and seafood sauce.
Falafel \& Garden Salad $\$ 5.50$
Lasagne and Spaghetti Bolognese are available with a small side salad for $\$ 1.00$ extra

## Snacks

| Fruit Salad (Regular) | $\$ 5.00$ |
| :--- | :--- |
| Yoghurt Berry Crunch | $\$ 3.00$ |
| Fruity Muffins | $\$ 1.00$ |
| Calippo | $\$ 1.00$ |
| Zooper Dooper | $\$ 0.50$ |
| Paddle Pop | $\$ 2.00$ |
| Unsalted Peanut Cup | $\$ 2.00$ |
| Fruit \& Nut Mix | $\$ 2.00$ |
| Lite Custard Cup | $\$ 2.50$ |
| Cheese \& Crackers | $\$ 2.50$ |
| Snack Pack - Savoury | $\$ 4.50$ |
| carrot, celery, cheese \& dip |  |

*All our Fresh sandwiches, wraps, rolls, salads and hot meals are homemade on site.


WINTER MENU CURRENT FROM MID-JULY 2023 UNTIL DECEMBER 2023

Monday
Hotdog \$5.00
Curry Chicken \& Rice
$\$ 5.00$

## Tuesday

Meatball Sub
Vegie or Chicken Korma Curry \& Rice
Wednesday
Chicken Burger Spaghetti Bolognese
Thursday
Chicken Burrito
Savoury Mince \& Rice
Friday

| Ippy Pizza | $\$ 4.50$ |
| :--- | :--- |
| Veggie Pizza | $\$ 4.50$ |

Garlic Bread

Choose from Ham \& Pineapple, Plain Cheese or BBQ Chicken, Chicken and Bacon or pre order Vegie Pizza

