



Super Refueller

CAFE



"Fuel to Learn and Fuel to Burn"

Sandwiches

Daily selection made fresh on a variety of breads

Egg & Lettuce	\$5.00
Ham & Cheese	\$4.50
Ham, Tomato with Cheese	\$4.50
Salad Sandwich	\$4.50
Ham or Chicken & Salad	\$5.00

Rolls

Ham & Salad	\$5.50
Ham, Cheese, Tomato	\$5.00
Ham or Chicken & Salad	\$5.50
Salad	\$5.00
Chicken & Avocado	\$5.50

Wraps

Salad	\$4.50
Ham or Chicken & Salad	\$5.00
Chicken Caesar	\$5.00

*All our Fresh sandwiches, wraps, rolls, salads and hot meals are homemade on site.

Daily Summer Specials

Available in 1st break each day. Pre order so you don't miss out!

Sushi Twin pack	\$7.00
Salad sml/lge	\$4.50/ \$6.50
Ham or Chicken Salad sml/lge	\$6.00/ \$8.00
Chicken Caesar Salad Sml/lge	\$6.00/ \$8.00

Daily Hot Meals

Grab a quick meal from our selection available 1st break

Spaghetti Bolognaise	\$5.00
Lasagne	\$2.00
Fried Rice	\$2.00
Wings & Special fried rice with Vegetables	\$4.50
Seafood Basket served with a Small side of Salad, Lemon and seafood sauce.	\$9.00
Falafel & Garden Salad	\$5.50

Lasagne and Spaghetti Bolognese are available with a small side salad for \$1.00 extra

Fruit Salad (Regular)	\$5.00
Yoghurt Berry Crunch	\$3.00
Fruity Muffins	\$1.00
Calippo	\$1.00
Zooper Dooper	\$0.50
Paddle Pop	\$2.00
Unsalted Peanut Cup	\$2.00
Fruit & Nut Mix	\$2.00
Lite Custard Cup	\$2.50
Cheese & Crackers	\$2.50
Snack Pack – Savoury carrot, celery, cheese & dip	\$4.50

Snacks





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**SUMMER MENU CURRENT FROM JANUARY
2023 UNTIL MIID JULY 2023**

Monday

Chicken Tastie	\$5.00
Butter Chicken & Rice	\$5.00

Tuesday

Chicken Burger	\$6.00
Satay Chicken & Rice	\$5.00

Wednesday

Southern style Chicken wrap	\$5.00
Spaghetti Bolognese	\$5.00

Thursday

Hamburger	\$6.00
Beef Burrito	\$5.00

Friday

Ippy Pizza	\$4.50
Veggie Pizza	\$4.50
Garlic Bread	\$2.00

Choose from Ham & Pineapple, Plain Cheese or BBQ Chicken,
Chicken and Bacon or pre order Veggie Pizza

Drinks

Bottle Water

600ml	\$3.00
1 Litre	\$3.50

Flavoured Milk

300ml	\$3.00
500ml (Coffee not available in 500ML)	\$4.50
1 Litre Trim Milk	\$3.50

Juice

Juice 200ml	\$2.00
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Breakfast

Cheese & Bacon Rolls	\$2.00
Yoghurt Berry Crunch	\$3.00
Seasonal Fruit	\$0.50
Banana	\$1.00

