15 February 2013

From The Principal’s Desk

The start of a new school year always brings with it a sense of anticipation. Even after almost thirty five years in the profession I get excited about the start of school, so you can imagine my nervousness when it appeared we were going to be confronted with another flood! That was not the sort of anticipation I had in mind.

Luckily we were only inconvenienced by the water on Hunter Street and the oval. As a precaution we delayed the opening of the school by one day and I would now like to acknowledge the wonderful support I received from staff, students and parents in networking so effectively to let the community know of the closure and then the first day arrangements. We had almost 90% of the students attend that day.

Further good news is that our families were not affected as badly as in 2011, although I can only imagine the worry some of them must have gone through as they watched the waters rise again. Please check out our Chaplain’s newsletter item for details about arranging help and support for anyone you know who has been affected.

This year has seen an increase in enrolment of almost 100 students from our projected enrolments, and this in turn has meant the provision of extra teachers. Thank you to all families for your patience and understanding as worked through the first two weeks with large class sizes and some shortage of room space. We are now in a position to better manage the increased enrolments and I shall be able to confirm the staffing details by the next newsletter – we are still waiting for confirmation of some appointments.

In the meantime, welcome to Miss Meggin Williams [HOD Humanities]; Mr Jason Day and Mr Mick Everingham [Industrial Technology and Design]; Miss Ellen Grant [Science]; Ms Megan Herbert [Japanese]; Miss Katie McNamee [Performing Arts]; Ms Jessica Morton [Art and History]; and Ms Veronica White [Student Support] who have all joined our teaching staff this year.

Mrs Donna Gilvarry has moved from HOD Humanities to HOD Senior Schooling.

This week the school captains and other Student Representative Council members were officially inducted into their positions at a full school parade. The ceremony also saw the naming of the Vogel Road Oval in honour of Mr Malcolm McKinnon, a Foundation Teacher from 1962 who was responsible for the introduction of a formal sporting program at the school.

This idea was initiated by Gabrielle Murphy and Jamie-Lee Tuddenham, school captains of 2012, and I was very pleased to be able to welcome Mr McKinnon and several Foundation Students to the assembly.

This year’s SRC is:

School Captains – Bryce Berrell and Kayla Ashcroft. Kayla is also Vice-Captain [Indigenous].

Senior Vice-Captains – Dolores Hufi [Community]; Abbie Rush [Cultural]; and Aaron Heaney [Sporting].

Junior Vice-Captains – Mattinson Hunt [Community]; Molly Macdonald [Cultural]; Ethan McKerrow [Indigenous]; Ebony Jackson [Sporting].


Year 8 representatives will be nominated and selected following their camp at the end of term 1.

Thank you to all those families who have accepted our new uniform policy. The assembly on Monday was the first test of the requirement to wear full formal uniform and I am very pleased to report that over 90% of the students complied. Many of those who chose to wear their sporting uniform claimed to have forgotten about the parade, and only a handful decided to deliberately ignore the request. Those students have been reminded of their enrolment agreement.

Next week, students who are wearing canvas shoes instead of proper runners or black leathers will be identified in class and their parents will be contacted in order that the correct footwear is brought to school. While we are still without some items and/or sizes of uniform stock, there is no excuse for students to have the wrong shoes more than three weeks into the term.
It was very pleasant to meet with those year 8 parents who attended the “Meet and Greet” on Tuesday afternoon. Next week we have information sessions for Year 11 and 12 students about the Op/QCE process [Tuesday, 16th at 6.00pm] and the following week an information evening for those students enrolled in a VET course [Tuesday, 26th also at 6.00pm].

The first P&C meeting is on Monday, 25th at 6.30pm. I look forward to seeing as many parents as possible at these events as we continue to develop our community partnerships and expand our collective horizons.

Welcome back students and parents. So far this year we have already commenced interviews for Year 12 students who are ‘at risk’ of not obtaining a QCE by the end of 2013. Hopefully this has been the ‘wake up’ call that some of those students have needed to refocus and get back on track. The Senior Assessment Schedule has been handed out to all Year 11 & 12 students. In addition to this, a copy has been posted on our school website as well as mailed home so that all parents can be aware when their child has assessments due. Please support your child with their study plans and be mindful your child could become stressed around assessment / exam time.

This year I am looking forward to spending more time with my Year 10 cohort. I plan on dropping in more regularly to classes and participating in a variety of lessons. Finally, I am hoping to be involved in as many celebrations of students’ achievements as possible.

Welcome back to all students and thank you to our parents/carers for getting them ready to start the new year. It feels good to return home to The Ipswich State High School after being in Regional Office for 12 months. Thank you to Ross Bailey for managing my role while I was out of the school.

The next P & C meeting is at 6.30pm on Monday 25th February. If you were absent, there is a catch up day on Tuesday 19 February. Students are reminded to be in formal uniform for their photos.

Year 12 camp ran from Wednesday 13 February to Friday 15 February. I will report back to you in our next newsletter on these events as publishing deadlines prevent me from commenting on this now.

If you have any questions please don’t hesitate to contact me throughout the year (while I’m here). I look forward to working with you again this year.

Hi, my name is Shelley MacDonald and I am the Defence Transition Mentor at Ipswich State High School.

My role is to provide support to secondary students of Australian Defence Force (ADF) members and their families, particularly during their transition into and out of a school on posting or during parental absences due to deployment, exercises or courses.

Students who are eligible for assistance under the Defence Transition Mentor program include those who have a parent (including step-parent or divorced parent) or a parent’s de-facto partner who is a current serving member of the ADF or a full time active Reservist.

Should your family fall into these categories and you have not already contacted me please do so.

My contact details are as follows:
Mobile no 0448184013
Ipswich High 3813 4488 ext 410
Email smacd84@eq.edu.au

Welcome back students and parents who get up their time for help sessions on a Tuesday and Thursday afternoon, again it’s up to the students to utilise this.

Have a great 2013 and let’s continue to strive for excellence!

Michael Hornby
Year 10 Deputy Principal

Year 9 & 12

Welcome back to all students and thank you to our parents/carers for getting them ready to start the new year. It feels good to return home to The Ipswich State High School after being in Regional Office for 12 months. Thank you to Ross Bailey for managing my role while I was out of the school.

The Student Representative Council and Senior Induction for 2013 occurred on Monday 11 February and it was delightful to welcome our new leaders for 2013 and see them present themselves so well to the community. I was very proud of them and wish them the best for the remaining year. Thank you to the parents and friends who were able to join us in the celebration. It was a wonderful event and the whole school looked amazing in their formal uniform.

School photos have also passed on Tuesday 12 February. If you were absent, there is a catch up day on Tuesday 19 February. Students are reminded to be in formal uniform for their photos.

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Next P & C Meeting
The next P & C meeting is at 6.30pm on Monday 25th February in the Administration Building. (Please note P & C meetings are...
held on the fourth Monday of the month except when they fall in school holidays.)

Payment of student accounts
As of January 2013 payments being made to your student’s account will automatically be paid against the oldest invoice first. 

If any outstanding Student Resource Scheme invoices will be finalised before payments can be made toward the current year.

<table>
<thead>
<tr>
<th>Term</th>
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<tr>
<td>1</td>
<td>8th February 2013</td>
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<td>2</td>
<td>26th April 2013</td>
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<td>3</td>
<td>19th July 2013</td>
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<td>4</td>
<td>18th October 2013</td>
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Student Resource Scheme payments must be up to date prior to permission notes and payments being accepted for 2013 year 12 extra-curricular activities. These include yr 12 camp, senior jersey, formal and mystery tour.

Refund Policy
As the school cannot meet any shortfalls in funding for an excursion or camp due to the subsequent non-participation of a student who had previously indicated attendance of the activity, fees already paid for an excursion or school camp may be refunded in full or in part or not at all, having regard to the associated expenses incurred and the circumstances of the non-participation.

If a parent/carer wishes to apply for a refund due to their child’s non participation in an excursion or camp activity, they may do so by completing the Request for Refund form available from the school office. This process must be completed within the same school term as the activity or refund may be forfeited.

Refunds won’t be paid immediately but will be paid after the reconciliation of the activity.

Refund amounts of $20 or less will be credited to your students account.

Uniform Shop
Our uniform shop is open every Monday, Tuesday, Thursday and Friday 8.30am – 9.00am.

We recognise it is often difficult for parents to visit the school uniform shop, for your convenience we have developed a new process for ordering school uniforms with direct deposit payment now available. Follow the prompt (uniform price list) to complete the order form and return to school with the completed method of payment form attached. You will note a sizing chart guide has also been provided.

If you would like to avoid the waiting lines pre-order and your order will be awaiting collection once payment has been received.

After forms are returned to school our retail students will pack your order for collection and notify you or your student.

Download Uniform Price List
Download Sizing Chart Guide

Bullying Information for Parents
Our school takes bullying concerns very seriously and is working to address this issue. Bullying is when a person hurts someone else on purpose, time and again. The hurt can be physical or emotional. Bullying can be physical, verbal (also can be via the mobile and computer), social, racial or sexual. It happens at any age (and is not just limited to children). Its effects can be life long and may contribute to depression, low self-esteem, shyness, poor academic achievement, isolation, and even threatened or attempted suicide.

Some signs of bullying might include:
• Loss of confidence and or becoming withdrawn
• Health problems such as headaches or stomach aches
• Unhappiness or mood swings with sudden temper tantrums
• Reluctance to go to school and changes in academic performance.
• Frightened of walking to or from school, or going on public transport, or going to a certain place that didn’t disturb them previously
• Feeling ill in the mornings – tummy ache, headache, nausea
• Having possessions ‘go missing’ or regularly having their possessions/clothes destroyed
• Becoming aggressive and unreasonable and may begin to bully others
• Having nightmares
• Getting hurt or bruised regularly with no given explanation
• Beginning to do poorly in their school work
(NB: Some of these signs may also be the signs of an unwell child)

What you can do:
• Ask your child directly and encourage them by saying you are concerned and want to support him/her. Make time to listen – encourage your child to describe what happened, how often, when, where
• Avoid passing judgement, interrogation, over-reacting or offering advice too soon – it may backfire, and they clam up and don’t want your involvement
• Ask your child what they have tried already to deal with the problem – did it work, what happened when they tried a particular strategy.
• It is important to try to change your child’s perception in relation to how they respond in the bullying situation.

Acknowledge that a problem exists – Let them know that bullying is not acceptable and that you will both figure out a constructive way of sorting out the problem (brainstorm ideas).

Get them to give one of the ideas a go. Review the outcome.

Sarah Round and Jashu Vekariya
Guidance Officers

Guidance News
Flood Recovery – General Health and Wellbeing

The recent events related to Ex-tropical Cyclone Oswald have been devastating. Many people have also been affected – some more than others. We all cope in different ways and have internal strengths that we draw on at these times to get through. Additionally for many people this is a time to remember past events and reflect on these as well. Sadly others have been affected again.

There are many emotional responses that individuals may experience. Some are fear, sadness and anger. These emotions are normal but if they continue it is important that you seek help and arrange some counselling. People need to seek support from a health professional if they:

• Feel highly anxious or distressed
• Their reactions to recent events are interfering with home, work, and relationships
• Are thinking of harming themselves or others

The following except has been chosen as it provides a range of strategies that may be helpful at this time. It is from the booklet “Looking after yourself and your family after a disaster” which
Fact sheet 8 – Keeping active – available online from beyondblue.org.au

Take time out
Do things that you enjoy. This sounds simple, but often after a disaster enjoyable activities become low priority as the task of reconstruction is viewed as more important. It’s important, despite it all, to take part in enjoyable activities. You may find it useful to use the worksheet at the back of this booklet to help plan some enjoyable activities.

Limit the amount of media coverage you watch, listen to, or read
While getting information is important, watching or listening to news bulletins too frequently can cause people who have experienced a disaster to feel distressed.

Write down your worries
You may find it helpful to write down your worries and concerns and use the problem-solving worksheet at the back of this booklet to identify some practical steps you can take to address those issues. Identify the specific feelings you are experiencing and the concern/worry that may be underlying each of these feelings.

Express your feelings
For some people, writing about their experience can be helpful, particularly if they find it difficult to talk about it. Although some distress is normal during this process, if you find writing down your experience too distressing or overwhelming, don’t continue. There are many other ways to express your feelings that you may find helpful, such as drawing, painting, playing music, making collages etc.

Accept help when it’s offered
When disasters occur, they often affect people who have never before had a reason to access government or crisis support services. Getting help can be uncomfortable for some people who are not used to accepting assistance. However, there is no reason not to accept the kindness of others now – you would help them if the situation was reversed.

Don’t expect to have the answers
When something unexpected happens, there are no guarantees about how the future will turn out. It is normal to feel unsure and confused.

Try to be healthy
Although your life might be disrupted right now, do what you can to eat a balanced diet and get some regular exercise – even if it’s just going for a walk. Evidence shows regular exercise can improve mood. Looking after your body will help you gain the strength you will need to get through this time. Also, balance exercise with regular rest, relaxation and adequate sleep. Read beyond blue Fact sheet 30 – Healthy eating for people with depression, anxiety and related disorders and beyond blue Fact sheet 8 – Keeping active – available online from www.beyondblue.org.au

Try to get back to a routine
This is very important, particularly if you have children. It can be hard at first because life may be chaotic, but try to think of ways you can return to the pre-disaster routine as soon as possible – for example, eat at the same time you would normally eat each day.

Realise you are not alone
Grief, loss and shock, sadness and stress, can make you feel like isolating yourself from others. It may be helpful to remember that many people are feeling the same as you and will share your journey of recovery. Shutting yourself off from others is unlikely to make the situation any better.

This is a tough time for many people both with the current events and reflecting on past weather events. If you have concerns about your student, please contact the school for assistance and support. The role of the school and of the community is to assist the students by:

- Reaffirming the safety of individual students
- Focussing on maintaining routines
- Aiming to maintain a positive view

If you or someone needs assistance an support we have included some useful contact numbers.

beyondblue info line … 1300 22 4636
Lifeline … 13 11 14
MensLine Australia … 1300 78 99 78
Kids Helpline … 1800 55 1800
Relationships Australia … 1300 364 277
Carers Australia … 1800 242 636
SANE Australia … 1800 18 7263
Suicide Call back Service … 1300 659 467

If you have any questions please contact the Guidance Officers.

Sarah Round and Jashu Vekariya
Guidance Officers

From Your Chappy Sarah
I AM HERE MONDAYS THROUGH TO THURSDAYS
AND MY OFFICE IS AT THE BOTTOM OF B BLOCK AT THE TOP OVAL END

Welcome back...
A massive welcome back to The Ipswich State High School community. I am really looking forward to what 2013 has installed for the Chaplaincy services as well as for the students, staff and families here in the school.

Recent weather events...
This year has not started off so well for some, we are thankful, however, that this year’s weather events have not devastated the community as seriously as those in 2011. In saying this we have some families who were affected in some way by the floods this year. I have managed to contact some families; however I may not have reached everyone. If you or someone you know were affected by the recent floods then we would like to know about it and provide assistance where we can. We have been able to assist a family already with some needed furniture and have access to other items if needed. We can also assist in the way of providing food hampers or frozen meals.

Further Assistance...
If you or someone you know is struggling with a few things at home, please let us know about this. As mentioned above we can locate furniture and other items if need be. This is not just for those affected by the recent floods. This goes for food hampers and frozen meals as well.

Chaplaincy Volunteers...
For the Chaplaincy services in the school to run as smoothly as possible and to have as much support as possible, we have volunteers come in to help out. You may see a couple of them hanging around at lunch time running games and programs, as well as coming in to visit in classes to hang out. Currently we have Brett and Mitch who will be around the school, as well as this there are a few members helping out with the No Limits program, which will start on Wednesday next week.
Motivational Media...

After the Easter Holidays we will be visited by Motivational Media. This presentation is being screened at around 550 schools throughout Australia. The best part about this is that not only is it an awesome presentation but it features The Ipswich State High School. ‘Making A Difference’ is the theme for this year and it tells the story of one of our wonderful students from our school community. Get excited and I can’t wait for you all to see it!!

Some of you may be asking yourselves – What is it that a Chaplain does in a school? Well I’m glad you asked!

As a chaplain I have the pleasure of hanging out with you guys and organising things within the school, which you enjoy.

My role is to see how I can help make your life here at the school, a little bit easier.

How do I do this?

First and foremost I am here to support you in all different areas – spiritually, emotionally and pretty much any other area you can think of. I do this by spending time with you. School life can get pretty tough, and along with some pressures at home, sometimes things get a little hard to handle. This is where I can help. If you ever feel like things are getting a bit much and you would just like to talk to someone about it, I’m here. Feel free to drop past my office and organise an appointment.

I also love to get guests into the school to either entertain you or to talk about some cool life choices. Sometimes we have guests like J3C Epidemic, who did an awesome stunt show last year, we hope we can have them out here again this year!!

Please come and see me if you have any ideas of events you would like in the school.

Needs for you and your family

Part of my role as Chaplain is to look after the welfare of families within the school. I have access to frozen meals and shopping hampers. If you know of someone, perhaps a friend or peer, who is going through a rough time, or perhaps your own family is struggling at home, then please come and talk to me about how we can help out. We are generally able to get a food hamper to a family within 24 hours, depending on the stock from the local churches, however it can be provided as soon as possible.

Year 12 Welcome Back

Firstly, Mrs De Brenni and I would like to welcome everyone back for 2013. It is good to see so many familiar faces and some new ones too!

We have already got off to a flying start where students have been given the Assessment Policy and have had their first lessons of Year Twelve. It is good to see so many students focused on their goals this year.

Anyone that ordered a jersey in the first order can come and collect this from A block Student Welfare Staffroom. The final jersey order will be made at the end of February. Before Jerseys are ordered all school fees must be up to date.

Looking forward to a great 2013,

Mr Moore and Mrs De Brenni
Student Welfare & Deputy Principal

SCHOOL BASED YOUTH HEALTH NURSE 2013

Welcome back to a new year. I hope you all had a safe holiday.

My name is Angi Gibbon; I am the School Based Youth Health Nurse at Ipswich State High. I am available Monday, Tuesday and Wednesdays. My focus is providing support to young people on matters concerning their health and well being such as: healthy eating, feelings of stress, relationships, personal and family problems, growth and development, sexual health, smoking, alcohol and other drugs. I also help in connecting people with external support services, as at times other services can provide more appropriate or ongoing support. My service also includes supporting staff with information on health and wellbeing related to young people whether that may be resources or guest speaking in specific classes.

My service is confidential and information is not shared unless permission is obtained for me to do so. As a health service provider confidentiality is essential, however, there are some things which I must refer or act upon. Please discuss what can be expected about confidentiality with me at the time of your visit.

In most cases, it is best for young people to talk to their parents about health and wellbeing issues. This is something that I can support young person in doing.

If you would like to see me, the service is voluntary. Drop by during a break or contact the school office via phone. If I am busy at the time I am very happy to make an appointment at another time for you.

I look forward to providing support over the coming year.

Angi Gibbon
Upstairs A block

EMPLOYMENT NEWS

If you are interested in any of these please come and see Mrs Zampech or Miss Reck in A Block. If you have a Resume please bring it with.

Certificate III in Business
Restaurant – Jindalee - Aurora Email
1 position

This employer is seeking a highly motivated golf-minded student to undertake a Certificate III in Business, who excels on the golf course.

Fast Food – Kenmore - Aurora Email
2 positions

Perfect for those new to hospitality wanting to learn about the industry. Must be customer focussed and have a spring in your step.

Cafe – Mt Ommaney - Aurora Email
1 Position

If you work well in a team, and have a passion for customer service and talking to others then this is for you.

Certificate III in Hospitality
Restaurant – Middle Park - Aurora Email
2 Positions

Assist the restaurant staff with table service, and drink service. The successful candidate will also obtain their RSA. Ongoing work may be offered to students upon successful completion of the traineeship.

Restaurant – Mt Ommaney - Aurora Email
1 Position

Do you enjoy a bit of a sleep in? This could be perfect! Commencing from 12:00 midday onwards in a fast paced restaurant. You will be involved in table service, bar duties, and may get a taste of assisting in the kitchen.

Certificate III in Hospitality (Commercial Cookery)
Golf Club – Jindalee - Aurora Email
1 Position

If you work well in a team, and enjoy cooking meals varying from Breakfast, Lunch, Dinner & Dessert, then this is for you!

Certificate III in Hospitality (Commercial Cookery)
Golf Club – Jindalee - Aurora Email
1 Position

If you work well in a team, and enjoy cooking meals varying from Breakfast, Lunch, Dinner & Dessert, then this is for you!

Restaurant – Middle Park - Aurora Email
1 Position

Seeking students who have a passion for cooking and food presentation. The Chef is very focused on training young people to become future champion chefs.

Restaurant – Sinnamon Park - Aurora Email
2 Positions

This unique restaurant serves Austrian cuisine like no other. You
will learn from one of the finest Austrian Chefs in South East Queensland

Certificate III in Animal Technology
Vet Surgery – West End - SCIPS Email
3 positions – year 11
Must be committed, keen and have long term interest.

Certificate II in Business (Equestrian Electives)
Online Training

Certificate III in Sport Coaching (Equestrian Electives)
Online Training

Certificate III in Business Administration - SCIPS Email
Real Estate – Mt Ommaney, Jindalee, Oxley, + other areas
Years 10 & 11

Coffee Shops and Restaurants – Various Areas - SCIPS Email
Numerous Positions – years 10 & 11

Certificate II in Retail
City Beach – DFO - SCIPS Email
Year 10 & 11

Certificate III in Fitness (Sport & Rec)
Aquatic Centre – Redbank - SCIPS Email
Several Positions available
Year 10 & 11

SAMANTHA ZAMPECH
Vocational Placement Officer

2013 School Based Immunisation Program

The program for 2013 will provide vaccinations to ALL Year 8 and Year 10 students. ALL Year 8 students will receive the following vaccinations Hepatitis B (2 doses), Chickenpox and HPV (3 doses). The Year 10 students will receive Diphtheria, Tetanus and Pertussis (Boostrix) and ALL male students will receive the HPV (3 doses). The necessary forms have been sent home with a letter of explanation. Please complete and return forms no later than Friday 8th February, 2013. If you do not receive the letter and forms from your student please make contact with the school for additional forms.

The immunisations will be conducted here at Ipswich State High School on the following dates: - Thursday 28th February, Thursday 16th May and Thursday 19th September. If you do have any enquiries/questions about these immunisations please direct all contact to Ipswich City Council Immunisation Services team on 3810 6666.

Thank you Student Services Team.

Sports News

Amart All Sports: Community Kickbacks!!

Join up to the Team Amart Loyalty program and support the school.

Why become a Team Amart member:

• you will receive fantastic benefits throughout the year. (ie mates rates, flash sales)
• whenever you make a purchase swipe your Team Amart Loyalty Card, and 5% of the cost comes back to the school.
• The school can then use the money to give back and support the students.

Amart Community Kickbacks (Jan-August) 2012: school purchased weights equipment for the gym.

*** Thank you to all Team Amart members for your kickback rewards!! ***

Hopefully we will be able to broaden those within our school community involved in the program this year.

Industrial Technology & Design: Contributions of the Past with Mr Malcolm Mckinnon

The Senior Construction students, pictures below were working together to construct the Malcolm Mckinnon plaque for the school's sports field. The students were participating in the project as part of a Certificate 1 in Construction provided by the schools Industrial Technology and Design department. All participating students worked effectively together to construct and install the plaque in commemoration of Mr Mckinnon's past teaching and athletics coaching achievements as a foundation member of staff during the 1960’s - '70s. The students had taken great pride in assembling the plaque and were congratulated for their efforts by Mr Mckinnon, Mr Riley, and Head of Department Mr Jesse.

2013 ISHS SWIMMING CARNIVAL

The Junior Carnival was held on Thursday 31 January and the Senior Carnival was held on Friday 1 February 2013. Unfortunately some students were flood affected and missed the competition.

The House results for 2013 were as follows:

Moran on 2234 points, O'Hanlon on 2297 points, Sullivan on 2834 and the winners, Rivers, on 2940. All Rivers supporters should be proud of their fantastic effort over the two days and deserve the final result

The individual age champions are:

Girls
Open Dayna Warren-Kelly, 16 years Tenaya Mitchell , 15 years Maddalene Clarke,
14 years Demelza Pierce, 13 years Majella Pierce

Boys
Open John Chapman, 16 years Jake Pitkin, 15 years Cooper Muckert, 14 years Jarrod Schulte, 13 years Jarkeam Dickman

All competitors are to be congratulated.

The District team will be swimming on Wednesday 13 February 2013 at Bundamba Pool. All students should have returned their form and paid the $10 for the bus. Just a reminder that students must wear their formal uniform to school and on the bus. This will be the same on the way back. Students should be back at school in time to catch buses etc. All competitors must be at school before 8.00 am so that the bus can leave on time.

Becoming eSmart

Ipswich State High School has signed on to become an eSmart School. eSmart is an initiative of the Alannah and Madeline Foundation and the National Centre Against Bullying. An eSmart school is a school where the smart, safe and responsible use of information and communications technology is a cultural norm. Students, teachers and the wider community are equipped to embrace the best these technologies can offer, while being knowledgeable about the dangers.

One of the requirements in becoming eSmart involves forming an eSmart Committee. The main goal of the eSmart Committee will be to plan, implement and evaluate a range of strategies in order to promote the positive use of information and communications technology. This Committee is to draw membership from the school and the wider school community. It is often very difficult to arrange physical meetings with such a
Ipswich State High School Newsletter - Working Today for a Successful Tomorrow

Ipswich State High School Newsletter - Working Today for a Successful Tomorrow

dive group of people so a virtual classroom has been set up. It is hoped that all eSmart Committee meetings and discussions will take place online at a time and place that suits each committee member.

So... If you are interested in keeping students at Ipswich State High School safe from harm and aware of the pitfalls of modern technologies, and you have access to a computer, you may be interested in becoming a member of our eSmart Committee. If so please contact Cheryl Cassidy (ccass15@eq.edu.au) or Ipswich State High School (officegroup@ipswichshs.eq.edu.au)

HOST FAMILIES NEEDED FOR JAPANESE STUDENTS

Each year Ipswich’s Japanese sister city, Nerima, provides the opportunity for 68 high achieving students to visit Australia in July. These students and accompanying staff are hosted by schools in the Ipswich Region. For the past 20 years Ipswich State High School has been a part of this important cultural program.

Each year Ipswich High School students and their families open their home and their hearts to these 14-16 year old female and male students who are visiting a foreign land and speak a different language. An important part of the program is providing the Nerima students with opportunities to learn about the Australian way of life and practise their English speaking skills.

In 2013 ISHS will once again take part in the program, playing host to 16 students and two staff members from schools across the Nerima Prefecture. Students will be visiting Ipswich from Saturday 27th July to Friday 2nd August. You are not required to speak Japanese but simply provide these foreign students with a warm home and make them feel welcome.

If you are interested in participating in this culturally-enriching program please have your student collect a letter of interest from Mrs Iby in S Block staffroom as soon as possible.

We encourage everyone to apply as the memories that are created for our students and their families are immeasurable.

If you have any questions or queries please do not hesitate to contact the school and we will endeavour to provide you with all the information you may need.

Arigato Gozaimasu

The LOTE Department

SAAVI Active Volunteering students host INTERNATIONAL WOMEN’S Day Breakfast

Year 11 and 12 students have been investigating where International Women’s Day originated and the aim of making the rights and safety of women a priority. You are invited to the Ipswich State High School for this breakfast:

When: Thursday 7 March 2013 7.30-8.40am
Where: Ipswich State High School (upstairs in C Block C5)
Cost: $15 (special cooked breakfast included)
Focus: Active Volunteering students will highlight the not for profit charity in Cambodia called MOTHER’s HEART
RSVP: Tanya McKenna 0412046504 or tmcke39@eq.edu.au

Meals on Wheels will also visit Active Volunteering students to broaden the depth of understanding of this commendable organisation.

BREAKING NEWS *** We were informed last year by Volunteering Queensland that the Certificate III in Active Volunteering counts as 8 points towards the QCE (which requires a minimum 20 to receive the year 12 Queensland Certificate of Education)!

Yr10 Community Services students empathise with pregnant women

Year 10 Community Services students have been using a simulated body suit that enables them to empathise with being very pregnant. Students can see first hand the difficulty that simple activities eg picking up items from the floor and laying horizontal can pose for a heavily pregnant woman!

Yr10 Community Services students have started their PARENTCRAFT BOOK which documents the care of young children with bathing, clothing and nutritious food. Good start to 2013 year 10 Community Services class

Yr 11 Early Childhood class EGGsperiment with caring for a fragile item

Year 11 Early Childhood students took an unboiled egg home to look after the needs of the ‘egg’ – CONGRATULATIONS everyone; no eggs were broken in 2013!

Yr 12 Early Childhood classes to visit Brassall SS!

Year 12 students will visit the Preschool at Brassall SS to conduct activities with yr1 students to enhance their social and emotional development – thank you to Brassall SS for their willingness to network together!

IMPORTANT CHANGES TO ANAPHYLAXIS ACTION PLANS

The Ipswich State High School is committed to the implementation of appropriate procedures in order to minimise students’ exposure to potential allergens.

The Australian Society of Clinical Immunology and Allergy (ASCIA) has revised their anaphylaxis action plans to include the administration of CPR and asthma medication after adrenaline injection.

For updated information please log on to www.allergy.org.au/health-professionals/anaphylazis-resources/ascia-action-plan-for-anaphylaxis
REMINDER FOR PARENTS AND GUARDIANS

If your child is unwell it is best keeping them at home to rest. This is an important stage to recovery and will minimise the risk of transferring infection to other children. If your child has continued fever, aches, pains or any other symptoms after three (3) days please seek further medical advices or contact 13HEALTH on 13 43 25 84 for further attention.

Keeping you informed.

Student Services

STUDENT DETAILS UPDATE

If students have any changes in their details (address, phone numbers, emergency contacts, email address) please let Student Services know. This would be greatly appreciated as many times we have had students in sick bay and we do not have current contact details.

Up to date email addresses can be given to Student Services if you wish to receive a monthly edition of our school newsletter.

Attendance and Late Arrivals

All students who arrive late MUST sign into school at the Student Services Window. If you are marked absent from CSI, this will now mark you away for the entire day until you sign in late at the window.

What to do if my student texts or calls me to leave school early?

You can phone the school and give permission over the phone.

If they are sick, please tell them to go to Student Services and sign in for sick bay where they can wait in air conditioned comfort and be monitored by first aid trained staff. This also makes locating your student when you arrive a very fast process.

STUDENTS DRIVING TO SCHOOL

Students wishing to park their cars in the school grounds are required to complete a permission form. Please see Mr Moore for a form. Students parking in the grounds without permission will be asked to remove their cars from the grounds. The designated parking area for students is on the grassed area at the back of the car park. Remember it is a privilege to park in the school grounds and this privilege can be withdrawn if littering from cars occurs or dangerous driving is observed.

Car keys must be deposited at Student Services on arrival, and both cars and drivers are subject to spot safety checks from our SBPO, Constable Steph.

MATHS CALCULATORS

All students should now have a calculator. Students can bring their calculator to the HOD of Maths for engraving.

Maths Tutoring

Mathematics tutoring will continue after school from 3pm to 4pm in H-block each week. Students are welcome to access the computers and work on any subject. English/SOSE teachers also attend to help guide these students.

Andrew Noble
HOD Mathematics

ENGLISH TUTORING

Attention ALL students!

Any students needing help in English or SOSE? Tutoring will be held again this year on Thursday afternoons in the Resource Centre from 3 to 4pm. Come along for some general homework and assessment help!

See B block for more details

Trivia Night

Ipswich Volley Ball Program

Proudly Presents
The Melbourne 2013...

TRIVIA NIGHT FUNDRAISER

Be the team that beats them all! Find your team of 8 and nominate now Friday 8th March, 2013 @ 6pm
ISHS Hall $80 per table ($10 per person)
More details to follow!

Lucky door prizes! Raffles! Games!
And... the return of the Gaol!!

Nominate your team by Tuesday 5th March
Peta Weightman – pweig1@eq.edu.au Andrew Maclean – amac48@eq.edu.au

Ipswich City Council
Opportunities for local Young People

Ipswich City Council has some fantastic opportunities for local young people coming up in Terms 1 and 2 and in the April School Holidays!

Homebound Film Making Workshops

Film Making Workshops - in the lead up to the Ipswich Film Festival for Youth (IFFY).

‘Homebound’ is 2 day workshop held on consecutive Saturdays that allows young people (aged 12 - 17 years) to learn the basics of creative video making. Included in the workshop is how to construct a scene using story boards; hands on use of a variety of video cameras including your smart phone or tablet; the importance of lighting, and then the final editing of sequences -- incorporating music, special effects and titles.

Workshops will be held from 9:00am to 3:30pm on Saturday 16 February until Friday 22 March 2013. All entrants will be invited to the exclusive Premier Event on Monday 8 April 2013 and will receive a Certificate of Entry and gift. The event will have invited guests including VIPs from the Queensland Film Industry. All films will be shown at the IFFY Screening @ Studio188 [THE OLD BAPTIST CHURCH], 188 Brisbane Street, Ipswich.

Participants will need to bring their smart phones, tablets and/or cameras and a visual diary and pen. Lunch and equipment will be provided.

RSVP and get in quickly as places are limited!
RSVP to 07 3810 6655 or by email on ktoohey@ipswich.qld.gov.au

Ipswich Film Festival for Youth

Ipswich Film Festival for Youth - IFFY

Calling all young budding film makers, producers and directors!
It’s the 2013 Ipswich Film Festival (IFFY)! This year’s IFFY theme is “Finding Home” and we want to know what this means to you? Is it finding your home after the 2011/2013 floods... or a look at the difference between a house and a home.
Be creative and original. Submissions open from Monday 25 February until Friday 22 March 2013. All entrants will be invited to the exclusive Premier Event on Monday 8 April 2013 and will receive a Certificate of Entry and gift! The event will have invited guests including VIPs from the Queensland Film Industry. All films will be shown at the IFFY Screening @ Studio188 [THE OLD BAPTIST CHURCH] on Wednesday 10 April 2013 from 10am to 4pm.

For full details on the festival, download Entry form and terms and conditions from http://www.ipswich.qld.gov.au/community/youth/iffy/index.php or contact
Swich On Youth Forum 2013

What is the Swich On Youth Forum?

An opportunity for young people aged 12-17 in the Ipswich Region to take action, be inspired and create the change you want to see in your community!

What does the Forum do?

Encourages young people to get involved in discussions so that their ideas are heard and can be considered in the development of Council programs and projects.

The forum is run over 2 days and will include special guest speakers, presentations, training, information packs and lunch.

How to get involved...

Day 1

Thursday, 11 April 2013
9.30 am - 4.00 pm
Soundpoint / Salvation Army and Sony Foundation Youth and Community Centre
27 Smiths Road, Goodna

Topics include: Personal safety and wellbeing and young people and their health.

And

Day 2

Friday, 12 April 2013
9.30 am - 4.00 pm
North Ipswich Function Centre
43 The Terrace, North Ipswich City Council

Topics include: Equality, discrimination and leadership and active citizenship and your community.

Come along and help make Ipswich a great city for young people to live in!

For more information please contact Kate Toohey on (07) 3810 7437 or email ktoohey@ipswich.qld.gov.au

COMMUNITY NEWS

Navy Cadets are recruiting now. Sailing, Power-Boating, Canoeing, Friends & Fun.

Download Navy Cadets

Join 161 Aviation – Army Cadets are now recruiting.


Download Army Cadets

SCHOOL CALENDAR

FEBRUARY/ MARCH 2013

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>19th February</td>
<td>School Photos catch up day</td>
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<tr>
<td>19th February</td>
<td>Year 11 Parent Info Night</td>
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<tr>
<td>27th February</td>
<td>Swimming Carnival Regional</td>
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<tr>
<td>28th February</td>
<td>Immunisations Yr 8 &amp; Yr 10</td>
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<tr>
<td>4th March – 6th March</td>
<td>Year 8 Camp</td>
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<tr>
<td>15th March</td>
<td>Shave for a cure</td>
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