21 March 2014

From The Principal’s Desk

This edition of our newsletter really only scratches the surface of our first term this year. All our successes, and there have been many, have been achieved against the backdrop of yet another building site – and I am not talking about the Regional Trade Training Centre.

H Block has been unavailable for classes since the start of the term and it is unlikely that we will be able to take possession of the building until the last week of term, if then. D Block has also been re-furbished and was out of action for the first three or four weeks as well. Some of the new furniture only arrived this week, and we are waiting to see how all the improvements work out before finishing that order.

The new Dance Studios were used for the first time this week, but the mirrors need to be replaced over the holidays.

Our Performing Arts staff have laboured long and hard this term without a permanent home, and both staff and students deserve nothing for praise for their patience, endurance, [almost] never-failing good humour and ability to find the most amazingly creative and enterprising spaces in which to hold their classes.

The Maths staff too have not had a staffroom, working instead from the Conference Room in the Administration Block. This has caused some difficulty in meeting with students, but again, the resilience of those who work here has amazed me. When the buildings are finished and fully furnished, we will be some way to having the facilities our students and staff deserve.

I have recently updated the quotation on my email signature block. It is from a very famous American Football coach of the 50s, 60s and 70s, Vince Lombardi. When he took over as coach at the Green Bay Packers, he said, “We are going to relentlessly chase perfection knowing full well we will not catch it because nothing is perfect. But we are going to relentlessly chase it, because in the process we will catch excellence. I am not remotely interested in just being good.”

That is certainly one of my own philosophies, and with each dollar spent on this campus we are getting closer to excellence. It is never enough to be just average – who would want an “average” surgeon operating on our children, or an “average” builder constructing our new home? At The Ipswich State High School, we do not accept “average”; we demand “good” and encourage “excellence”.

This newsletter reflects those standards. Our weekly parades each Friday have certainly been excellent events. Student punctuality, uniform, behaviour and enthusiasm to recognise other’s exceptional efforts and achievements have all been first class. It has been a pleasure to welcome so many special guests to these events, and everyone has commented to me on the respect shown by students and the high standard of the parades. I must thank Mrs de Brenni for organising them so well and congratulate the SRC, particularly Matthew and Belle for running them so smoothly.

The assessment period at the end of first term is an important one. Seniors need to use it to calibrate their progress towards their QCE while Junior students should be seeing it as an opportunity to prove they have learned new skills and can apply new knowledge. The parent/teacher evening on 6 May will be a good opportunity for you to have a meeting with your student’s teachers and raise any concerns you might have about their progress. We welcome positive conversations too, so why not come along and meet the teachers anyway?

Easter is almost upon us, and the holidays will certainly provide an opportunity to recharge our batteries. This year, the public holidays fall at the end of the vacation period, so we don’t return until Tuesday, 22 April, following the Easter Monday public holiday. ANZAC Day falls on that Friday, and we shall be celebrating our observance on Thursday, 23 April.

Although this will be a shortened week, it is essential to your student’s learning that s/he returns promptly and attends every day. Thank you for your continuing partnership in the education of your child/ren. Thank you for trusting us to prepare them for their future. Enjoy the break.

**SIMON RILEY**  
Principal
**Year 9 & 12**

I can’t believe term 1 is nearly over. My Year 8 students appear to have made a smooth transition into secondary school. It is fantastic to see them not only wearing the correct uniform, but wearing it with pride. I have also tried to participate in as many Year 8 and Year 11 classes as I could this term. It is always great to be involved in and be a part of my Year 8 and Year 11 students’ learning journey.

At present, all students will have various assessments due to be completed by the end of term. Please ensure your child has all their assessment up to date. Try to encourage your child to make study a part of their everyday school routine. The following are some helpful tips that your child could follow:

1. Establish a routine. Set aside a particular time each day for study and revision and stick to it
2. Create a study environment. This needs to be away from interruptions and distractions such as the TV or your mobile phone
3. Reward yourself for studying. Set aside some time to catch up with friends or do some exercise.
4. Test yourself on what you have studied. Ask your parents or other family members to quiz you.
5. Ask your teachers for guidance. They are there to help.

Finally, I wish you all a happy and safe Easter and look forward to more adventures and challenges next term.

**Michelle Campbell**  
**Year 8 & 11 Deputy Principal**

**Year 10**

Recently we launched the 2014 SWITCH program. SWITCH is a positive reward program that recognises the efforts and successes of its students. There are six key principles that identify the areas whereby students can receive merit points. They are:

S – Smart Targets (short term, achievable targets that are set by students each term via the Student Welfare Team)

W – Willingness (a willingness to learn, participate and help others)

I – Improvement (improvement in a subject area via achievement, effort and/or behaviour or in any other program the student is involved in)

T – Taking the initiative (going beyond the required expectations to exhibit responsibility, either in the classroom or out in the playground)

C – Consistency (always doing the right thing, always working hard, always behaving)

H – Homework (completing and submitting set homework given by the classroom teacher)

Switch is a program designed to recognise those students always working to the best of their ability and displaying appropriate behaviour at all times. The program also intends to act as a “switch” (alike to a light switch) to turn off poor behaviours and effort and to re-engage those students.

Merit points are allocated by teachers and these results are tallied every term. Each term, the students achieving the highest points receive appropriate prizes. Riverlink has again strongly supported the program and provided gift vouchers to given to those top ranked students. Progressive totals for top ranked students are also given on assembly to encourage the “switch” of students.

At the end of the year the points are combined and contribute to a Perpetual House Trophy, The Super Hornet Trophy, which is awarded to the Champion House on the school academic awards night.

Please show your support for our program by encouraging your students to make the “switch” and support the businesses that support our program.

**Kristie De Brenni**  
**Year 10 Deputy Principal**

**Australian Defence Force Families**

My name is Jodie Dunning and I am currently taking on the role of Defence Transition Mentor while Mrs MacDonald is on leave. I can be found at A block Room AS01, Tuesday, Wednesday and Thursdays.

As a Defence Transition Mentor I offer support to secondary students that have a parent currently serving in Australian Defence Force (ADF). I can assist students with the transition into school and during times when a parent is absent due to deployment, exercises or training.

Under the Defence Transition Program students eligible for assistance include students who have a parent (this includes step-parent or divorced parent) or a parent de-facto partner that is a current serving member of the ADF or a full time Reservist.
Parents & Citizens Association

The next P & C meeting is at 6.30pm on Monday 24th March in the Resource Centre. This is the AGM and we would welcome new members. (Please note P & C meetings are held on the fourth Monday of the month except when they fall in school holidays.)

Our P&C is the voice for you and your students to assist in school decision making when appropriate. Each year the P & C tries to assist the school by providing our students with access to the resources that are not always readily available through the school grants process.

We would encourage you to attend the meetings or to please find attached a letter to consider making a donation to the P & C of $25 per family in order to begin to build a solid working account through which we will be able to assist our students.

2014 School Fees

The P&C has approved school fee payments for 2014 as:

Student Resource Scheme - $220 per year to be paid by the 25th July 2014, this change to payments being paid by term 3 falls into line with Education Queensland expectations.

Term payment due dates

Term 1 7th February 2014 $75
Term 2 2nd May 2014 $75
Term 3 25th July 2014 $70

Specialist subject fees - Student Resource Scheme fees are to be paid in full or up to date payment plan and the subject fee paid in full prior to commencement of the subject.

Students in credit

Written notification must be presented for student credit to be used. This could be in the form of excursion letter/uniform order form etc. with 'Please use credit' clearly printed on the form.

Refund Policy

As the school cannot meet any shortfalls in funding for an excursion or camp due to the subsequent non-participation of a student who had previously indicated attendance of the activity, fees already paid for an excursion or school camp may be refunded in full or in part or not at all, having regard to the associated expenses incurred and the circumstances of the nonparticipation. If a parent/carer wishes to apply for a refund due to their child’s non participation in an excursion or camp activity, they may do so by completing the Request for Refund form available from the school office.

This process must be completed within the same school term as the activity or refund may be forfeited. Refunds won’t be paid immediately but will be paid after the reconciliation of the activity. Refund amounts of $20 or less will be credited to your students account.

Uniform Shop Hours for 2014

Our uniform shop is open every Monday, Tuesday, Wednesday, Thursday and Friday 8.30am – 9.00am.

We recognise it is often difficult for parents to visit the school uniform shop, for your convenience we have developed a new process for ordering school uniforms with direct deposit payment now available. Follow the prompt (uniform price list) to complete the order form and return to school with the completed method of payment form attached. You will note a sizing chart guide has also been provided.

If you would like to avoid the waiting lines pre-order and your order will be awaiting collection once payment has been received.

After forms are returned to school our retail students will pack your order for collection and notify you or your student.

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<th>Monday, Tuesday,</th>
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Ipswich State High School SNAPBACK CAPS are now for sale in the uniform shop.

Only $15. Hurry in before stocks run out!

Guidance News

How can parents help teenagers develop resilience?

The key to promoting resilience lies in the language that parents use.

• Teach them that they have power over their lives. Teenagers need to hear over and over again that they have the ability to make decisions and to change the direction of their lives.

• Don’t overprotect them. Resilience is something we develop through experiences of failing and getting back up on our own. Sometimes teenagers will need parents’ right there from the beginning while at other times they will be able to cope alone. When in doubt, stand back and give your teenager a chance to go it alone before offering support.

• Teach them to be optimistic, having a positive outlook is a huge advantage for students. Show your teenager that having a ‘glass half full’ mentality is a learnable skill that simply takes practice. Optimism is the soul of resilience.

• Teach them to be determined and persistent. Students need determination to handle the challenges of senior study, relationship issues and other day-to-day hurdles. Instil in them a ‘don’t give up’ mentality.

• Tell your teenager that strength of character is built on how we deal with setbacks, not how we deal with successes. It’s easy to feel good about ourselves when we are successful. It’s when we fail and pick ourselves up again that we really show the stuff we are made of.

• Teach them to let go of the past. When teenagers see how parents handle tough issues, they’ll learn how to respond with optimism rather than with anger, resentment of resignation.

• Teach them that, while some situations cannot be changed, they can choose their reactions to these things. Young people need to hear that sometimes all we can do is accept a situation no matter how sad or disappointing, and move on with our life.

Good messages to give teenagers about setbacks/disappointment

• Sometimes you can’t see solutions alone. Getting advice is the smart thing to do!

• Don’t give up! There is almost always a solution to every problem, sometimes many.

• Everyone makes mistakes, has doubts and is occasionally afraid – even parents! This is a good way to reduce pressure to be perfect. Reassure your teenager they don’t have to prove themselves or change themselves for you. You love them as they are.

Ipswich State High School Newsletter - Working Today for a Successful Tomorrow
My name is Angi Gibbon; I am the School Based Youth Health Nurse at Ipswich State High. I am available Monday, Tuesday and Wednesdays. My focus is providing support to young people on matters concerning their health and wellbeing such as: healthy eating, feelings of stress, relationships, personal and family problems, growth and development, sexual health, smoking, alcohol and other drugs. I also help in connecting people with external support services, as at times other services can provide more appropriate or ongoing support. My service also includes supporting staff with information on health and wellbeing related to young people whether that may be resources or guest speaking in specific classes.

My service is confidential and information is not shared unless permission is obtained for me to do so. As a health service provider confidentiality is essential, however, there are some things which I must refer or act upon. Please discuss what can be expected about confidentiality with me at the time of your visit.

In most cases, it is best for young people to talk to their parents about health and wellbeing issues. This is something that I can support the young person in doing.

If you would like to see me, the service is voluntary. Drop by during a break or contact the school office via phone. If I am busy at the time I am very happy to make an appointment at another time for you.

I look forward to providing support over the coming year.

Angi Gibbon
Upstairs A block

Binge Drinking Our Young People and Social Media

Smashed, maggoted, off your face - everyone has their own name for it and binge drinking has been defined in a variety of ways. In general, it means drinking a lot of alcohol in a short amount of time, generally with the intention to get drunk. The amount of alcohol consumed before the effects show will vary between people depending on their sex, age, size and how much alcohol they are used to drinking. Nevertheless, the risks associated with binge drinking are the same for everyone.

A survey of Australian secondary students in 2005 found that one in ten people between the age of 12 and 17 admitted to binge drinking, or drinking unsafe amounts of alcohol. For people between 16 and 17 the figure increased to one in five. That’s six binge drinkers in every average Grade 10 classroom.

Social media is providing more avenues for Australians to engage in behaviours they may regret while drunk, and increased opportunities for alcohol companies to market their products to young people. Whilst Social Media when used to enhance your life is a wonderful tool it is becoming difficult to ignore the very public peer-pressure which could be involved not just locally but on a global scale, encouraging and engaging our young people in binge drinking behaviours. Binge drinking can be immediately and directly harmful to your health. It can expose you to injury or to unnecessary risks to yourself and others. The most common risks or harms associated with drinking too much that people think about are physical injuries from falling over, getting into a fight or being involved in a motor vehicle accident. But there are lots of less obvious harms such as damage to your reputation, strain on relationships, poor performance and loss of property such as your wallet or phone.

Immediate Risks

Injuries from violence — as a perpetrator, a victim, or a witness Pedestrian and road accidents — death/severe injury Trauma related admissions to hospital emergency departments Alcohol poisoning Social and personal consequences — impact on families, work and social embarrassment Loss of valuable items — phone or wallet Having unprotected sex and placing yourself at greater risk of a sexually transmitted infection (STI) and/or an unwanted pregnancy Death — through drowning or falls

Longer term risk

Social problems, withdrawing from other interests due to drinking Depression and suicidal thoughts Brain damage, including the inability to learn and memory loss Development of chronic disease, including some cancers and heart disease Liver diseases such as cirrhosis of the liver Physical and psychological dependence on alcohol Have you ever thought, ‘I have been hitting it a bit hard lately’ or had regrets about your behaviour or consequences of the night before? Or maybe it is your child or one of their friends in this situation. Remember, it is never too late to start changing habits. Just take some time and think about what is important to you and how you can make a change in the future.

Professional help and advice is available. A good place to start is your doctor or local drug and alcohol service. (Alcohol and Drug Information Service - 1800 177 833)

Other Online Options include;

Say When - has lots of simple tools for staying in control of your drinking, including a drink check chart, a drink calculator and tools to monitor your own drinking profile.

Wingman - Are you a good wingman? Wingman has a lot of easy tips and tricks to help you and your mates keep nice when you’re out for the night.

Salvation Army - Binge drinking; Information and downloadable booklets about binge drinking and alcohol abuse.

Reach Out! - Binge drinking; An overview of the problem of binge drinking for young people.

Drug Info Clearinghouse: Alcohol; A program of the Australian Drug Foundation that provides easy access to info about alcohol and other drugs.

Information compiled by Angi Gibbon, School Based Youth Health Nurse

Ipswich State High School from the following sources;


New Chaplain

Hi I’m Kwan Matautia the new Chaplain here at Ipswich High. I recently this year have moved from Bundaberg where I was a Chaplain for two years. Previously I was in Tasmania for 6 years where one of my roles was also a Chaplain. I have one wife and a little baby girl on the way!! So it’s going to be a crazy year.
It's a pleasure to be a part of your school and I am looking forward to working with the students, staff and parents where ever I can over this year. So if you need to talk or just say hi, don't be shy! You can find me in room CC06 at the bottom of C Block.

I also wanted to thank Mr Riley and Staff for being more than welcoming and helpful as I have taken a new role here.

Wishing you all the best for 2014

Kind Regards

Kwan

40hr Famine date claimer

Will you do something bigger than yourself and join the 40hr Famine 2014! Chappy Kwan and World Vision 40hr Famine worker Kami have met to discuss how Ipswich High can be involved in the August Famine (which doesn’t have to be from food - it could be fasting from facebook or TV or furniture - NO it cannot be fasting from homework)!!

Stay tuned for more information...

Employment News

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<tr>
<th>School-based Traineeships – Mrs Zampech in A block</th>
<th>Year 12 need only apply</th>
<th>Keith Bichel - Migas</th>
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<tr>
<td>DIESEL FITTING – ACACIA RIDGE</td>
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<tr>
<td>School-based traineeship – Cert II in Automotive Servicing Technology</td>
<td>Send resume to workexp_traineeships @ ipswichshs.eq.edu.au</td>
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<td>BRISBANE</td>
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<td>School-based Apprentice Chef - Cert III in Hospitality (Commercial Cookery)</td>
<td>Send resume to workexp_traineeships @ ipswichshs.eq.edu.au</td>
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<td>TOSCANI’S SPRINGFIELD LAKES</td>
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<td>School-based traineeship – Cert III in Business</td>
<td>Send resume to workexp_traineeships @ ipswichshs.eq.edu.au</td>
<td>Year 10 or Year 11 Indigenous students need only apply</td>
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<td>School-based traineeship – Cert III in Hospitality</td>
<td>Send resume to workexp_traineeships @ ipswichshs.eq.edu.au</td>
<td>Year 10 &amp; 11 need only apply</td>
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<td>COFFEE CLUB – REDBANK, SPRINGFIELD, BOOVAL, RIVERLINK</td>
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<td>Year 10 &amp; 11 need only apply</td>
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<td>School-based traineeship – Cert III in Hospitality</td>
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<td>MUFFIN BREAK NORTH IPSWICH</td>
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Rugby League update

Hello and welcome to the first Rugby League update of the 2014 season.

Enrolment numbers

At last count – our numbers for rugby league were well in excess of 200 which is a superb result for our program. We are also still enrolling, with boys seemingly turning up at the office each day from various parts near and far to enrol on our program.

Training gear

The training shirts, shorts and socks are now available to boys who have paid their course fees and contributed towards the student resource scheme.

Opens

The opens boys are training hard with 5 sessions per week. We have played two trials so far away to Palm Beach Currumbin (which was a selection trial) and then recently at home (Ipswich Jets home ground) against Marsden. The boys are well on track after a good win against Marsden and we are looking forward to a positive Gee Cup campaign in Term 2.
The competition we have entered means that, if we win through our pool, we can test ourselves against Queensland and Australia’s best with the possibility of qualifying for the GIO National Cup. As I have said many times before, it is our goal to become the best Rugby League school in Australia and, by the end of this year, we will at least know how far we have to go to reach this goal.

Year 10

Our year 10 team have probably been our success story to date having convincingly beat Palm Beach and going toe to toe with Marsden. Well done boys and keep up the good work.

Year 9

The year 9 team were rocked by the news that one of our props, Felise suffered a nasty leg break while playing for his club Norths Tigers. We wish him well and a speedy recovery.

Year 8 and 9 Qualify for Broncos Cup

In a great day for the school RL program, the year 8 and 9 teams qualified for the prestigious Broncos Cup at Mitchelton RL. The year 9’s went unbeaten all day, including a convincing win over near neighbours St Peter Claver and a gutsy win over Palm Beach Currumbin. The year 8’s lost by one try to Palm Beach in a nail biting game but emphatically won all other matches. The 3 qualifiers from each grade were as follows...

Year 8 – PBC, Ipswich and SPC
Year 9 – St Mary’s, Ipswich and PBC

This news now means all our grades will be playing in the prestigious Broncos Competitions in 2014.

Met West

Congratulations go to the 7 boys in opens who made Met West and the two on stand by as well as the five who made it in under 15’s.

The following students made the Met West Opens team

Se’e Kali
Kelepau Fauka’fa
Faitatao Faitatao
Matthew Faitatao
Tristan Sami
Tepa Fuiavailili
PJ Olio’atoa

The following students made the Met West 15s team

Ronaldo Mulitavo
August Ta’aloa
Brayden Wilks
Jake Ropati
Kea Perere

Team of the month – March

1. Kyle Riley (Opens)
2. Jack Arrowsmith (Opens)
3. Richard Ioane (year 8)
4. Matthew Faitatao (Opens)
5. Ramil Wilson (year 8)
6. Ronaldo Mulitavo (year 10)
7. Brian Burton (year 9)
8. Zac Ames (year 10)
9. PJ Olioata (Opens)
10. Fonua Matangi (year 8)
11. Charlie Hargreaves (year 8)
12. Jake Ropati (year 10)
13. Brayden Wilks (year 10)

Lee Addison, Head Coach, Rugby League

Senior Schooling News

Once again it has been a hectic start to the year. Senior students are completing their first set of assessment for 2014 and beginning preparation for the end of first term. All students have been provided with an assessment planner that outlines all assessment for the first semester, other than VET courses. A copy of this document is available for students in the school system and the school’s website, as well as a copy being mailed home for parents. This allows students who change subjects to see what they will have due in their new subjects and plan ahead. The successful completion of assessment is the minimum expectation we have of all students, supported by our Senior Assessment Policy which was also provided to students earlier in the term.

We have had a plethora of opportunities for students to expand their horizons through attendance at events such as swimming carnivals, Leadership Events at various locations including USQ, regional sports trials, excursions for curriculum classes to Dreamworld, the Law Courts in Brisbane, the theatre to see Legally Blonde, Hospitality tours in the city and many more highlighting how we cater for the full range of students and their interests at ISHS.

Year 12 QCS students were given the opportunity on Tuesday 11th March of having direct access to a number of universities. The University Roadshow hit Ipswich State High School, including USQ, UQ, Griffith University and others. Students heard first-hand information from university students about university life, options for courses, accommodation, QTAC and how to financially survive while studying. Importantly ISHS students were able to speak to each university, collecting valuable information booklets and gaining a direct insight into future options. This visit supports student study towards their QCS test, university entry and QTAC applications that will take place next term. It is essential that investigation begins for those students that need to identify possible options for 2014 and the University Roadshow is one way in which ISHS supports our future leaders. Should students have any questions regarding the information gained from the University Roadshow they can speak to the individual universities, our guidance staff, Deputy Principal or HOD Senior Schooling.

The first round of reports will be sent home early in term 2, with students and parents being given a clear indication of progress across all curriculum areas. These reports help to identify students who are having significant difficulties and those people will be interviewed by HOD Senior Schooling to find the best course of action to support the success of each student at ISHS. Students who receive a D, E or N interim result are potentially jeopardising the successful attainment of their Queensland Certificate of Education (QCE), which is the minimum expectation of all senior students at the end of their Year 12 course. If you are unable to attend Parent-Teacher Interviews that will be held on 6th May please do not hesitate to contact the relevant staff to organise another opportunity to meet and discuss options for your student.

On the horizon is the Semester One exam block, running from 18-27 June. Each student will need to once again fill in the ‘pinkie’ form. This form is taken by each student to their individual teachers and each member of staff will sign the form if student assessment is up-to-date at that point in time. Students and parents can track the assessment required through the assessment planner provided to each student, and sent home, early in term one this year.

If you have any questions about the information above or any other concern, please don’t hesitate to contact the school.

Donna Gilvarry
HOD Senior Schooling

Year 7 & 8 Enrolment for 2015

The Ipswich State High School enrolment process for Years 7 and 8 for 2015 will begin on the 29th April at 3.30pm in the
Spotlight on student success @ The Ipswich State High School

Alannah Caneris

“Reaching for the Stars”

Alannah Caneris in full flight during a school performance.

Year 11 student, Alannah Caneris, is a young lady reaching for the stars, who knows what she wants and how she is going to get it. Through hard work, perseverance, and an internal drive that is astonishing, she is living her dream. As one of the most determined students ever to have walked the verandas of Ipswich High, she manages to juggle a curriculum load that would challenge most students, while training most days at Performance Plus Dance Centre when she is not in attendance at the Australian Dance Performance Institute in Brisbane.

She will be completing her Certificate III in Performing Arts while attending the Performance Institute, and also sit her CSTD Dance Exams in ballet, jazz and contemporary. How she does all of this no one really knows, but the most amazing thing about Alannah is that she has only been dancing for four (4) years.

Alannah was awarded a Gold Cultural Badge at our school parade on February 7, 2014 in recognition of her recent acceptance into the Australian Dance Performance Institute. She auditioned with over 200 other talented dancers, winning one of only 20 coveted places. Now she has the opportunity to work with some of the most talented and well-connected choreographers and dance teachers in the country. As our most recent gold award recipient she is determined to make the most of her achievements and use them to her advantage.

Maybe one day she will grace the stages of a major international dance company, win ‘So You Think You Can Dance’ and train the next generation of Australian dancers. What a role model to follow. Maybe one day she will grace the stages of a major international dance company, win ‘So You Think You Can Dance’ and train the next generation of Australian dancers.

Getting Ready for Secondary School

All parents of primary school aged students in the Ipswich area are invited to an information evening designed to support parents whose children are moving into High School in 2015 and beyond.

New - Bring Your Own Device Program

Ipswich State High is inviting students to be part of our new Bring Your Own Device (BYOD) trial. This is a great opportunity for students to use their own laptops to enhance their learning.

The school is offering this opportunity to all students that have a device that meets our minimum specification requirements:

- Windows Vista or newer
- Intel Core i3
- 4GB RAM
- WI-FI
- Long life battery

Participation in this program will allow students to use their laptop in class where appropriate, access the school network resources for documents that the students require and allow access to the schools filtered internet for research work. Students need to have student resource scheme fees paid or a payment plan in place to partake in the project.

For more information please see Mr Maddy in the Resource Centre

USQ Change Makers Day Friday 14 February

Giving students as many opportunities at possible:

In 2013 USQ instituted new awards focusing on Year 10 students moving into Year 11 and 12 who showed leadership potential. These awards were won by Sophie Stenner and Lauren Steinhardt, current Year 11 students. They received these awards at the 2013 Academic Awards Evening and were pleasantly surprised that they were being recognised for something that comes quite naturally to both girls.

The Change Makers Day recently attended by the girls was the first part of the wider program being developed by USQ. They are attempting to develop a generation across the south east corner that is not only willing to engage with change but will make it happen. This is the ethos behind the program. They were able to engage with a range of peers, hear a variety of perspectives on some very interesting topics in sessions run by USQ as well as the United Nations Youth Council (Queensland). Sophie and Lauren also participated in a session of identifying what makes them unique as an individual, their strengths and their weaknesses. Through the Change Makers Program these students will be able to work on such areas and develop as a well-rounded member of society willing to engage with change.

Spotlight on staff @ The Ipswich State High School

A quiet achiever, amazingly calm and a wicked sense of humour – all essential elements of the man who is Blair Young. But who is he really? What has driven him to this point in his career? This edition of the ‘Spotlight on Staff’ focuses on Blair Young.

Blair was recently appointed as HOD Curriculum- Learning Innovation. What does this mean though? While his primary role this term is to liaise with the High Performance Program managers [Academic, Dance, Rugby League, Soccer, STEM] to develop an effective mentoring program for the scholarship students, he is also assisting with the management of the Flying Start [Year 7 to High School] program. He is the HOD in L Block staffroom and his presence there will assist him in line managing those staff members who are trialling the multi-faculty curriculum approach with the current Year 8 classes. His experience as SWO for the past three years, and the part he played in developing the Student Welfare faculty from scratch, will hold him in great stead for the innovative work being planned by his team members.

He has a role to play in Learning Innovation [establishing community partnerships to assist with our High Performance Programs]; Compliance [while mentoring students in HPP and scholarship roles]; Pedagogy [through helping to lead the Flying
Panel Membership – ensuring comparability for our students

We have had 20 members of staff involved in panel meetings in week three of this term, with two leading these meetings as District Panel Chairs. This equates to 25% of our total teaching staff. To be a member of a panel you need to have taught for more than two years, have a great deal of experience in the teaching of the subject you are applying to be on a panel for as well as extensively understand the syllabus document.

A syllabus outlines what you need to teach, how to teach it, types of assessment and the standards to be applied in senior subjects for both Authority and Authority-Registered subjects. Most importantly, the involvement and commitment of so many staff at Ipswich State High School means that our students are gaining an enormous benefit across most subject areas by staff seeing new ideas from other schools and ensuring the appropriate and equitable application of standards.

What is a panel?

• Groups of experienced educators and practising teachers who meet twice a year across Queensland to review student work, in each subject area, to ensure comparability across the state
• Teachers are appointed to review panels by the QSA (Queensland Studies Authority) which is the statutory body that regulates Queensland’s senior curriculum and processes

What is the purpose of a panel?

• Provide advice to schools in subjects within the area of expertise for of each panel

When do they meet?

• Early February – Monitoring meeting which reviews Year 11 work from the previous year, (mid-way through the course of study). Review panels consider how schools have implemented the course and their assessment decisions. Panellists scan sample folios to find evidence that supports the judgments that teachers have made through focused review processes.
• October student free day (third Monday of term 4) – Verification meeting which reviews Year 12 work from the current year, advising schools about Year 12 student achievement relative to syllabus standards descriptors. Panellists scan sample folios to find evidence that supports the judgments that teachers have made through focused review processes.

At both stages of review, advice is given to schools about their application of each subject’s syllabus requirements.

Maths/IT

IT - Student laptops are available for hire, see Mr Maddy for more information and forms.
BYOD (Bring your own device) has come to Ipswich High. If you already have a Windows enabled device that you would like to use for school, you can be added to the school system so that you have full access during school times. See Mr Maddy for BYOD forms.
Maths tutoring is happening Tuesday afternoons from 3 pm to 4 pm in the Library.

Calculator engraving – Make sure you see Mr Noble to get your name engraved on your calculator. Remember that EVERY student has to have their own calculator that they are familiar with. Calculators can also be purchased from the Finance office.

Online Mathematics – Mathletics: Every student in the school is able to access Mathletics. All they need to do is see their Maths teacher for their user name and password. Mathletics has a range of areas from lessons on Maths topics, practice assessment and Numeracy games where the students compete with others from around the world.
Skoolbo: Skoolbo is an exciting new numeracy and literacy online website that is being used by students all over the world to increase their abilities. The founder of Mathletics has made Skoolbo as he believes every student has the right to develop in numeracy and literacy. Students will be issued with usernames and passwords by their teachers soon.

Louise Albrecht makes State Athletic Competition

On the 8th and 9th February 2014, Ipswich Little Athletics competed in the summer regional championships at Kenmore State High School.

Louise, who is in Year 8 at Ipswich State High School, competed in 5 events: high jump, javelin, 100m dash, long jump and triple jump. She was lucky enough to qualify for the State competition for high jump as she came 3rd.

We all wish Louise good luck when she attends the State championships in Cairns on the 21st-31st March. She will be joining Alexis List in Year 11 at this championship.

LEADERSHIP DAY EXCURSION

On the 6th of March, the school captains and the vice-captains went on an excursion with our HOD of senior schooling, Mrs Gilvarry, to Bundamba Secondary College to assist in developing our leadership skills. Our day started with a seminar presented by the Mayor of Ipswich, Paul Pisasale. He gave us personal insights into his job as a mayor, what he believed was the core of leadership, and, unexpectedly, we got to see the comedian in our Mayor as he showed us a number of humorous YouTube clips that encouraged us to see the funny side of life, and to have fun leading.

The school leaders of all local high schools were then split into two groups. The group our school was selected to be a part of got to participate in a rock climbing activity. Once our disillusions safety check was over, we got to face our fears and scramble up walls. I only managed to climb about three or four metres up each climbing wall. In my defence, it looked higher from where I was stranded.

As part of this adrenalin-racing activity, we had to make groups with people from other schools. This was a bit nerve-racking and forced us to step outside our comfort zone and talk to new people. However, the girls I worked with were absolutely lovely and gave me a lot of advice and support in climbing up the walls, and a ladder. This sounds very tame, but the ladder was not fixed to the ground, it was two pieces of string with rungs. It was terrifying.

We then got changed back into our formal uniforms- we were most certainly the best-dressed school in attendance- and had a delicious lunch catered by Bundamba Secondary College. If I commend them on nothing else, their cooking was superb. After the free lunch, our school group went back into the auditorium and all of the schools discussed what made their school great. It certainly gave us a lot of ideas for how to improve our school. And I would like to offer my personal apologies to Mr Riley- we did not assert our school as the “best high school in Ipswich.”

We did have a lovely time at the seminar, and as leaders we have learned much to improve ourselves. We made new friends, even if we do not keep in touch. We got free food- which is probably the most important thing. As school leaders, we feel privileged to have been selected by our school for such a great opportunity. And, before I miss my chance, I would like to make up for my blunder and assert THE Ipswich State High School as the best high school in all of Ipswich.

Sally-Anne Chipman
Senior Vice-Captain; Cultural

5th Anniversary Hair & Beauty Training Salon

Ipswich State High is celebrating the 5th Anniversary for the Hair and Beauty Training Salon on the 2nd April 2014. The Program was the inspiration of Deborah Whyatt and Nicole Sherlock and with much support this program became a reality. Over one hundred year twelve students have gained certificates in Hairdressing, Beauty and Nails, with many students gaining employment within the industry.

The Town Salon will be hosting Mayor Paul Pisasale, Principal Simon Riley and other dignitaries who have supported this wonderful program on the 3rd April 2014.

Specials in the Town Salon Last week of Term

During the last week of term the Hairdressing students will be offering Intensive Hair Treatment and Dry off for $10.00 Bookings are essential, so please phone; 32817508 to make your appointment.

Lifetime

LIFETIME was a huge success!

LIFETIME is the Religious Instruction opportunity at the Ipswich State High School. It is held once a term and organised by cooperative of Christian churches in the area. Last Thursday, LIFETIME presented a rap singer called YOUNG CHOZEN who gave students a lot of positive things to consider as well as having a lot of fun! Thank you to those who organised LIFETIME and thank you to the students who attended and participated so well – Ipswich High had the BEST audience participation, you did us proud!

Remember the next LIFETIME will be in term 2 – each time a letter will be sent home to inform Parents/Guardians of the activity and signed permission is required for students to bring back for EACH presentation of LIFETIME!

Year 10 Home Economics

Students in year 10 have been looking at the topic “Boost your Body.” Lessons have been based around healthy diets, healthy diet pyramid, cooking healthy meals and recently concentrating on healthy diets for teenagers. This week students cooked a healthy burger to show students the alternative to a fast food burger. As part of their cooking students also do group work each week. This week students are making sliders (mini burgers) to add to the healthy burger topic.
Shave for a Cure
On the 14th of March the SRC held an event at lunchtime for the World’s Greatest Shave. The event held under the library involved hair shaving and colouring, leg waxing and a sausage sizzle. The school also held a red food day and sold soft drink along with the sausages. All of the soft drink was sold and there were few sausages left. Students who were having their heads shaved and legs waxed also gathered money from sponsors to support their brave shaving, some teachers also made donations and had their heads shaved. The event attracted many students from all around the school to come down and support their fellow peers. The total amount of money raised was $485.00 resulting in a successful fundraising!

One brave young woman, Katherine Yeates (Yr 11) decided to have her hair shaved.

“I shaved my hair because a few years ago my Pop passed away from leukaemia, and last year my Step-Dad’s Niece, Rachel, passed from another form of cancer. I wasn’t as close to my Pop as I was to Rachel, but both incidents still shocked me. I shaved my hair because I wanted to show my support for the thousands of people who suffer, or have suffered, from cancer.

I am not a cancer patient, but I have suffered through cancer, so giving up my hair for the health of others seemed only logical.

Be brave and shave .... Can You?”

Kat Yeates

Early Childhood
Yr 11 Early Childhood Toys
Year 11 students have been very creative in making toys which are suitable for children in the birth to 8 years age group. Well done everyone!

Yr12 Early Childhood visit Year 1
Year 12 Early Childhood students presented an expo of activities for year 1 at Brassall SS to enjoy. These activities were designed to assist with social and emotional development. Well done year 12 for representing Ipswich High so well in our community.

Yr10 Cert I in Work Preparation (Community Services)
Year 10 students in the Certificate I in Work Preparation (Community Services) class have had a number of guest speakers to highlight the need to care for children as they work on a Parentcraft project book!
Sun Smart Strategies an ongoing Crusade - Your chance to WIN $200

Being sun smart is a challenge we all face in our everyday lives, living and working in a country with high UV exposure. Two out of three Australians will be diagnosed with skin cancer by the time they are 70 (Cancer Council Australia, 2014). At Ipswich State High School we continue to promote the lessons learnt in primary school regarding sun protection and are supported in this by the Ipswich Hospital Foundation. They supply us with sunscreen for the students and staff to utilise in everyday situations as well as special events such as sporting carnivals. In 2014 the School is implementing a Sun Smart Policy in an ongoing effort to reinforce this very important health message, as part of the initiative students are required to wear a hat when participating in outdoor HPE activities.

Here is your opportunity to get involved with the sun safety message and win some cash prizes. Make a video in 30 seconds or less; show us how using sun protection can be fun to possibly win $200. Please see the poster and competition entry forms attached for details and conditions of entry.

Happy filming and good luck.

Angi Gibbon
School Based Youth Health Nurse

Maths Tutoring

Tutoring – Mathematics tutoring will continue after school from 3pm to 4pm each week. Students are welcome to access the computers and work on any subject. English/SOSE teachers also attend to help guide these students.

Andrew Noble
HOD Mathematics

MATHS CALCULATORS

All students should now have a calculator. Students can bring their calculator to the HOD of Maths for engraving.

ENGLISH TUTORING

Attention ALL students!

Any students needing help in English or SOSE? Tutoring will be held again this year on Thursday afternoons in the Resource Centre from 3 to 4pm. Come along for some general homework and assessment help!

Ipswich State High School: SunSmart Policy Statement

The policy was devised last year and implementation will take place during the 2014 school year in a number of phases.

Phase 1 will involve the compulsory wearing of a HAT in all HPE lessons.

Rationale

Queensland has the highest rate of skin cancer in the world. Of all new cancers diagnosed in Australia each year, 80 per cent are skin cancers. Given students are at school during peak ultraviolet radiation (UVR) times throughout the day, between 10am and 3pm, schools play a major role in both minimising a student’s UVR exposure and providing an environment where policies and procedures.

(UQD Cancer Council)

Skin damage, including skin cancer, is the result of cumulative exposure to the sun. Research shows severe sunburn contributes to skin cancer and other forms of skin damage such as sunspots, blemishes and premature ageing. Most skin damage and skin cancer is therefore preventable.

Ultraviolet radiation (UVR) levels are highest during the hours children are at school. As children will spend a portion of their day outdoors, we are committed to protecting them from the harmful effects of the sun.

With this in mind Ipswich State High School realises the need to protect children’s skin and educate them about SunSmart behaviour, thus reducing the risk of skin damage from exposure to the sun.

The whole school curriculum framework adopted by the school is Howard Gardner’s 5 Minds. A SunSmart policy aligns with this framework, specifically the ethical and respectful mind. The policy will encourage all within the school community to adopt SunSmart attitudes and behaviours in an endeavour to protect their wellbeing.

Aims

The policy aims to:
- Provide ongoing education that promotes personal responsibility for skin cancer prevention and early detection.
- Provide environments that support SunSmart practices.

Our Commitment

Ipswich State High School will:
- Inform parents of the school’s SunSmart policy
- Include the SunSmart policy statement in school publications
- Incorporate education programs that focus on skin cancer prevention into the school curriculum
- Encourage all teachers and staff to act as positive role models of SunSmart behaviour
- Seek ongoing support from parents and the school community for the SunSmart policy and its implementation, through a variety of mediums (eg. Newsletters, Facebook)
- Ensure all students and staff wear hats and sunscreen, when involved in outdoor activities
- Encourage students without adequate sun protection to use shaded or covered areas at break times
- Ensure adequate shade is provided at sporting carnivals and other outdoor events
- Encourage the wearing of hats for outdoor lessons
- Ensure SPF 30+ sunscreen is available to students for outdoor lessons and encourage use
- Review the SunSmart policy annually

Our Expectations

Students will:
- Be aware of the school’s SunSmart policy
- Use shaded or covered areas when outdoors
- Take responsibility for their own health and safety by being SunSmart
- Comply with SunSmart policy by wearing hats and/or sunscreen
- Act as positive role models for other students in all aspects of SunSmart behaviour
- Help to design and regularly update the SunSmart policy
- Participate in initiatives to protect the school population from excessive exposure to the sun

Staff will:
- Be aware of the school’s SunSmart policy
- Use shaded or covered areas when outdoors
- Take responsibility for their own health and safety by being SunSmart

Ipswich State High School Newsletter - Working Today for a Successful Tomorrow
Ipswich State High School – Facebook

Some of you may be unaware that Ipswich State High School has recently added an additional social media platform to our portfolio. We can now be found not only on Twitter and Q-School but also on Facebook.

By introducing these social media applications, Ipswich State High School firmly believes we will be able to connect more effectively with parents, students and the community. Our delayed entrance into the Facebook realm was met with a vast array of un-official Ipswich State High School pages. In an effort to ensure ease of access and the correct information being conveyed we, in conjunction with other government departments have endeavoured to eliminate non-affiliated Facebook pages that use the Ipswich State High School logo and slogans.

As a school administered Facebook page student’s achievements and activities will be published, with the permission of parents and carers via the "Facebook Media Release Form" which has been recently forwarded home to all students within Ipswich State High School. Without receipt of this permission slip we are unable to highlight your student’s successes and achievements.

If you haven’t received this please contact the school for a copy.

The page will also be used to inform students and parents of upcoming occasions, school experiences/excursions and sporting events. For example we recently used the page to promote QCS and VET Information Nights for Senior Students and had an unprecedented turnout of students and their parents on the night. By liking the page you will be able to access information to make your students’ engagement in the school and school events more streamlined.

To find us please search "The Ipswich State High School" or enter in this URL: https://www.facebook.com/pages/The-Ipswich-State-High-School/410902695693279. You know that you are at the correct page when you see this image:

So like us today and keep up to date with the wonderful achievements of our school and community.

REMEMBER FOR PARENTS AND GUARDIANS

If your child is unwell it is best keeping them at home to rest. This is an important stage to recovery and will minimise the risk of transferring infection to other children. If your child has continued fever, aches, pains or any other symptoms after three (3) days please seek further medical advice or contact 13HEALTH on 13 43 25 84 for further attention.

Keeping you informed.

Student Services

STUDENT DETAILS UPDATE

If students have any changes in their details (address, phone numbers, emergency contacts, email address) please let Student Services know. This would be greatly appreciated as many times we have had students in sick bay and we do not have current contact details.

Up to date email addresses can be given to Student Services if you wish to receive a monthly edition of our school newsletter.
STUDENT ABSENCE LINE FOR ALL ABSENCES 3813 4401

FOR LATE ARRIVALS: Students who arrive at school after 9.05am are required to sign in late at the Student Services Window.

Parents may call the school or provide a note to approve the late arrival either prior to, or after the fact.

All other late arrivals will be marked as unexplained, a note is sent home with each unexplained late arrival for parent approval.

FOR EARLY DEPARTURES: Parents who need to pick their students up early can either call the school or provide a note for the student to Present to the Student Services Window prior to the commencement of school to receive a LEAVE REQUEST slip.

The REQUEST slip is presented to the teacher at the appropriate time to get out of class. The student brings the REQUEST slip to the Student Services Window to receive their LEAVE PASS.

What to do if my student texts or calls me to leave school early?

You can phone the school and give permission over the phone.

If they are sick, please tell them to go to Student Services and sign in for sick bay where they can wait in air conditioned comfort and be monitored by first aid trained staff. This also makes locating your student when you arrive a very fast process.

RIGHT HERE, RIGHT NOW!

Working today for a successful tomorrow

Relief Teacher Aides/Cleaners needed

If you are interested in working at the school as a relief Teacher Aide or relief Cleaner please contact Jenny Shard on 3813 4409 with your details or bring in a resume.

There are two shifts for the relief cleaners – 6am – 9am and 3pm – 6pm.

COMMUNITY NEWS

Tertiary Studies Expo (TSXPO)
Saturday 19 & Sunday 20 July 2014
10am - 4pm
Exhibition Building, Brisbane Showgrounds
Admission is free!

Head in the clouds?

Why not fly something there too? The Australian Air League is a youth organisation for boys and girls of 8 years and over who are interested in aviation and associated subjects. Parade nights are held weekly and include marching, physical activities, aviation, meteorology, and aircraft building. Cadets regularly fly RC aircraft more than their size through the skies, and inspect airfields, hangars and more on day outings, along with travelling further afield on overnight camps with other Squadrons. Specialist training and leadership courses are also available.

For more information about the Australian Air League Inc. and Forest Lake Squadron contact:-

Chris Chandler
0421 578 641
oc.forestlake@airleague.com.au
www.airleague.com.au

West End Junior Rugby League are seeking players for their 2014 season, the centenary year for the club.

Calling for Players

Do you have friends or family that are interested in keeping fit, having fun, and being part of our centenary year?

We are open to players from all grades. Girls are also encouraged to play from Under 6 to Under 12’s.

If you have any questions, please contact Jae Woodward (Coaching Director) on 0402 791 012 above for more details.

Get the word out……...Get into the Game

SCHOOL CALENDAR

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<tr>
<th>Date</th>
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<tr>
<td>21st March</td>
<td>Hospitality Excursion Year 11 &amp; 12</td>
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<td>25th March</td>
<td>Little Tokyo Excursion Year 9</td>
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<td>27th March</td>
<td>Golf Excursion Year 12</td>
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<td>1st April</td>
<td>QCS Trial</td>
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<td>4th April</td>
<td>End Term 1</td>
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<td>18th April</td>
<td>Good Friday</td>
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<td>21st April</td>
<td>Easter Monday</td>
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<td>22nd April</td>
<td>Term 2 Starts</td>
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<td>25th April</td>
<td>Anzac Day</td>
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