From The Principal’s Desk

As we return to work after the winter break I feel compelled to remind parents and carers about some of our expectations of behaviours for all members of our community. The first reminder is part of our push to become an e-Smart school. We are very nearly compliant although we do need a couple of parents to be part of our Committee. Part of that compliance is maintaining an appropriate use of social media at all times.

I am aware that social networking through avenues such as Facebook, Kick, Snapchat and Skype to name a few, is quite prolific. Increasingly, Twitter, Instagram and Pinterest are also sites which are becoming more used by young people. Usually these sites and applications are free to join and have a minimum age limit of around 13 for registered users.

At their most basic they provide an avenue to catch up with friends and to share ideas and thoughts. Regularly however, staff at this school become privy to some of the conversations occurring on these sites and the devastating consequences that they can have upon the self-esteem of children and teens.

Therefore I would ask parents to be extremely vigilant in monitoring what their children are writing on line, the sites they are visiting and others they are talking to. It would also be advisable to spend some time discussing appropriate social media interactions with your children. We can say it over and over again as parents and teachers, but NOTHING on the internet is private. There is a record somewhere, either on a server or as a screen capture.

As a general rule of thumb, if you wouldn’t say it to your grandmother/father/aunt/teacher etc., then you need to think twice about whether you should broadcast it via social media sites.

I have copied some general tips for parents below to read through as possible conversation starters.

General Tips

1. Take a look at or sign up for some of the social networking sites yourself to get a feel for what they’re all about. It’s important that parents don’t feel left behind by new technologies, or intimidated by them because they think they’re not aimed at an older user. You’ll feel much more comfortable about your child using social networking sites if you understand some of the terminology and how they work.

2. It’s also a good idea to take a look at the privacy information or safety tips provided on the social networking sites themselves. You’ll then have a clear idea about how each site would help you if your child was the victim of online bullying, for example, or what measures they have taken to protect your child’s privacy. You’ll usually find such information in either the ‘about us’ sections of websites or in dedicated ‘safety’ and ‘privacy’ sections.

3. Engage with your children about their experiences on the Internet, without making it seem like you’re snooping on them. Show interest in their online activities so they feel comfortable sharing experiences with you. This way your child will not feel worried about speaking to you should any issue or problem arise, such as online bullying or being sent inappropriate content.

4. Try to set limits on Internet usage at home. It’s not a good idea for children to spend inordinate amounts of time in front of a screen, be it TV, games console or computer so make sure you set house rules on how the Internet is to be used at home: which sites can be visited, how long each member can spend on the computer, etc. Microsoft has a downloadable ‘Online Code of Conduct Contract’ you can print off for each family member to sign, which provides a reasonable list of ground rules for families to follow.

5. Help your child to feel confident about their place in the online community. Make sure that, just as in the real world, it’s important they never follow the herd if they’re uncomfortable about doing something. Peer pressure can make children publish information they may not wish to broadcast, such as the location and date of a forthcoming birthday party. Just because another person is happy to make inappropriate statements online, or portray themselves in a different manner, it’s important your child realises they don’t have to follow suit.

I urge all parents to monitor their children’s use of the internet in its many forms and to engage in conversations and education of their children to provide a sound and informed basis for safe and responsible use of all forms of technology.

More information can be found at the Stay Smart Online Website. http://www.staysmartonline.gov.au/kids_and_teens
That said, I need to inform you all that The Ipswich State High School is joining Facebook. After some very engaging and forthright discussion among staff, I have made the decision to ask Education Queensland to develop a Facebook site for the school. This will ensure maximum security settings while at the same time allow us to use social media to promote, publicise and otherwise advertise all of our wonderful programs and successes.

Of course this comes with a price. In this case it is a separate permission form which the Department requires parents and carers to sign, allowing their student’s image to be used on Facebook. I do not intend to identify students except by first name [if allowed by you], nor to access the page for personal reasons. It will be a message board and another way of engaging with our community to ensure the continued development of our school.

Thank you for your continuing partnership with us. We have a parent-teacher night [Tuesday, 23 July] for all students; a number of excursions; the Annual Nerima visit; Year 10 Camp; District Athletics; a Year 10 Senior Education Training [SET] Plan evening [Wednesday, 28 August]; and several premierships to look forward to over the coming weeks. Let’s celebrate them together.

**SIMON RILEY**
Principal

**Year 10**

Welcome back everyone. I hope you all had a refreshing break. This term is going to be extremely busy. SET Plan evening will be held on Wednesday 28 August 2013 and all year 10 students and their parents/guardians must attend as SET Plans are an Education Queensland requirement. The year 10 students are being prepared for this night through presentations and career information given in their access periods. At the SET Plan evening students will discuss career paths, past results and consider this information to select subjects for year 11 and 12. There was an information letter that was sent home with all year 10 report cards.

As of Semester 2 all Specialist Subjects that involve a fee will now need to be paid upfront before the student can attend the class. The Resource Hire Fees can still be paid in instalments however for the school to continue to provide outstanding educational programs through our specialist subjects we now require those fees upfront. Thank you for your support in regards to this matter.

Once again, I’m looking forward to another busy and exciting semester.

**Michelle Campbell**
Year 10 Deputy Principal

**Year 8 & 11**

My four year old daughter came home from Kindergarten and explained her “bucket.” She stated that everyone has an imaginary bucket and when people say good things it fills our bucket up. When someone says something negative to us it empties out our bucket. So for that last fortnight everything that happened in my household centred around whether buckets were being filled up or emptied out – I’ve already thanked the Kindy Teacher.

The positive though, is that it continually focuses my parenting skills on whether “I’m filling up buckets” or emptying them. I think it’s something we all have to be conscious of whether they are teenagers or two year olds. There’s that fine line we walk to make sure we are always positive and encouraging but making sure we are not setting them up for failure. If a student cannot pass Maths no matter how many hours they put in, we have to be careful when they say they want to be an Engineer. It’s the fine line between continually encouraging kids to be the best they can be but being a realist at the same time. Such is life as a parent.

Here at school it is much the same. We give as much support we can: Student Welfare Department, Guidance Officers, Special programs, Help sessions after school etc. but in the end every student gets a result and sometimes the reality kicks in. The defining moment at High School is the SET Plan – This occurs in year 10 and at this meeting the discussion around OP or Non-OP occurs. The beauty of this school is that we cater for ALL students regardless of whether a student wants to go to University, get an apprenticeship or go straight into the workforce. The thing we try and point out though – is no one will care about filling up their bucket when they leave. This is that balancing issue we face as a school that you face as a parent. Hopefully we can continue to fill “buckets,” whilst ensuring students set realistic goals to ensure success.

**Michael Hornby**
Year 8 & 11 Deputy Principal

**Making the SWITCH**

As part of our ongoing efforts to make The Ipswich State High School the best possible place for your child, a whole-of-school Rewards Program has recently been implemented. The program, titled SWITCH, aims to reward positive behaviours in the following categories:

- Smart Targets
- Willingness
- Improvement
- Taking Initiative
- Consistency
- Homework

Here is a brief overview of how the program works. Deserving students are awarded merit points each day. These points are awarded by teachers, both in and out of the classroom, whenever they witness a student meeting the SWITCH criteria. Over the course of each school term students will accumulate points. These points can earn certificates, rewards, vouchers and prizes. In fact, just this week 30 students have been invited to a free ‘Students on Track’ program at Willowbank Raceway. This all day event has been offered to the top 30 SWITCH students for term 3. Later this term deserving SWITCH students will have a chance at winning some great prizes including cycling accessories, beach wear and Dr Dre ‘Beats’ headphones.

Supporting Howard Gardner’s 5 Minds, the SWITCH program compliments the development of the Ethical and Respectful minds, foundation behaviours necessary in maximising the future potential from our students.

Whether your student consistently shows positive behaviours, or if they need some ‘extra incentive’ to modify their behaviours, SWITCH aims to reward them. With thanks to our business partners Riverlink Shopping Centre and McDonalds, as well as the school tuckshop and the Chaplaincy program, great prizes and vouchers are on offer. Encourage your child to Make the SWITCH by earning merit points from their teachers each day. After all, good behaviours are worth rewarding!

**Chip Barnes**
Year 9 & 12 Deputy Principal
Australian Defence Force Families

Do you have a current or upcoming deployment? If so please ensure that I am made aware so that additional support can be provided for your student and family.

Does your family receive the DCO Amberley Bulletin? If not please contact me and I can advise you how to be placed on the mailing list.

DCO can keep you informed of all current events and programs planned for the Amberley area. They also run various support groups for both families and partners of serving members.

If you are new to the area attending a coffee group could be a great way to meet other defence families in the local community.

There are various publications produced both locally and nationally to provide information to Defence families. If you would like more information on what’s out there, give me a call or send an email.

I am at school Mondays, Tuesdays, Wednesdays and alternate Thursday so feel free to contact me.

Shelley MacDonald
Defence Transition Mentor
smacd84@eq.edu.au 3813 4488 or 0448184013

Next P & C Meeting

The next P & C meeting is at 6.30pm on Monday 26th August in the Administration Building. (Please note P & C meetings are held on the fourth Monday of the month except when they fall in school holidays.)

Payment of student accounts

As of January 2013 payments being made to your student’s account will automatically be paid against the oldest invoice first.

If any outstanding Student Resource Scheme invoices will be finalised before payments can be made toward the current year.

<table>
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<tr>
<th>Term 1</th>
<th>8th February 2013</th>
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<tbody>
<tr>
<td>Term 2</td>
<td>26th April 2013</td>
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<tr>
<td>Term 3</td>
<td>19th July 2013</td>
</tr>
<tr>
<td>Term 4</td>
<td>18th October 2013</td>
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</tbody>
</table>

Student Resource Scheme payments must be up to date prior to permission notes and payments being accepted for 2013 year 12 extra-curricular activities. These include yr 12 camp, senior jersey, formal and mystery tour.

Yr12 Students Payments

If you have a payment plan for your school fees these plans will need to be finalised by the end of term 3 to be eligible for end of year non-curriculum activities – formal, mystery tour and to receive your complete graduation folder.

Refund Policy

As the school cannot meet any shortfalls in funding for an excursion or camp due to the subsequent non-participation of a student who had previously indicated attendance of the activity, fees already paid for an excursion or school camp may be refunded in full or in part or not at all, having regard to the associated expenses incurred and the circumstances of the non-participation.

If a parent/carer wishes to apply for a refund due to their child’s non participation in an excursion or camp activity, they may do so by completing the Request for Refund form available from the school office. This process must be completed within the same school term as the activity or refund may be forfeited.

Refunds won’t be paid immediately but will be paid after the reconciliation of the activity.

Refund amounts of $20 or less will be credited to your students account.

Parents & Citizens Association

Each year the P & C tries to assist the school by providing our students with access to the resources that are not always readily available through the school grants process.

Please find attached a letter to consider making a donation to the P & C of $25 in order to begin to build a solid working account through which we will again be able to assist our students.

Download P&C Association Letter

Schoolkids Bonus 2013 – 2nd Instalment

Important news!

The second instalment of the Schoolkids Bonus for 2013 will be paid in July to lighten the load of mid-year education expenses. Centrelink customers were paid from 4 to 17 July (note, the payment will not appear in your Online Services account until the day it is made) and DVA customers were be paid from 8 July.

If you receive Family Tax Benefit as a lump sum the Schoolkids Bonus will be paid after your Family Tax Benefit claim is assessed. If you haven’t received your payment by 18 July, but think you’re eligible, please contact Centrelink to discuss your personal circumstances.

Schoolkids Bonus

If school expenses are weighing you down, the Schoolkids Bonus can help lighten the load. It replaces the old Education Tax Refund and it is simple: there’s no need to collect receipts and you don’t claim it through your tax. If you’re eligible it will be paid straight into your bank account twice each year so you have the money when you need it most. Each year you will receive up to:

- $410 a year for each primary student ($205 paid in January and $205 paid in July)
- $820 a year for each secondary student ($410 paid in January and $410 paid in July).

Uniform Shop

Our uniform shop is open every Monday, Tuesday, Wednesday, Thursday and Friday 8.30am – 9.00am.

We recognise it is often difficult for parents to visit the school uniform shop, for your convenience we have developed a new process for ordering school uniforms with direct deposit payment now available. Follow the prompt (uniform price list) to complete the order form and return to school with the completed method of payment form attached. You will note a sizing chart guide has also been provided.

If you would like to avoid the waiting lines pre-order and your order will be awaiting collection once payment has been received.

After forms are returned to school our retail students will pack your order for collection and notify you or your student.

Bullying Information for Parents

Our school takes bullying concerns very seriously and is working to address this issue. Bullying is when a person hurts someone else on purpose, time and again. The hurt can be physical or emotional. Bullying can be physical, verbal (also can be via the mobile and computer), social, racial or sexual. It happens at
any age (and is not just limited to children). Its effects can be life long and may contribute to depression, low self-esteem, shyness, poor academic achievement, isolation, and even threatened or attempted suicide.

Some signs of bullying might include:

- Loss of confidence and or becoming withdrawn
- Health problems such as headaches or stomach aches
- Unhappiness or mood swings with sudden temper tantrums
- Reluctance to go to school and changes in academic performance.
- Frightened of walking to or from school, or going on public transport, or going to a certain place that didn’t disturb them previously
- Feeling ill in the mornings – tummy ache, headache, nausea
- Having possessions ‘go missing’ or regularly having their possessions/clothes destroyed
- Becoming aggressive and unreasonable and may begin to bully others
- Having nightmares
- Getting hurt or bruised regularly with no given explanation
- Beginning to do poorly in their school work

(NB: Some of these signs may also be the signs of an unwell child)

What you can do:

- Ask your child directly and encourage them by saying you are concerned and want to support him/her. Make time to listen – encourage your child to describe what happened, how often, when, where
- Avoid passing judgement, interrogation, over-reacting or offering advice too soon – it may backfire, and they clam up and don’t want your involvement
- Ask your child what they have tried already to deal with the problem – did it work, what happened when they tried a particular strategy.
- It is important to try to change your child’s perception in relation to how they respond in the bullying situation.

Acknowledge that a problem exists – Let them know that bullying is not acceptable and that you will both figure out a constructive way of sorting out the problem (brainstorm ideas). Get them to give one of the ideas a go. Review the outcome.

Sarah Round and Jashu Vekariya
Guidance Officers

Guidance News

Teaching Tolerance

At a wedding recently I listened in to the Minister talking about the importance of tolerance if a marriage is to succeed. He did not devalue the importance of love but stated that love without tolerance was not enough, and confirmed his belief by stating that if one party doesn’t learn to tolerate the others opinions and practices (including differing habits) it will be the downfall of the marriage.

The dictionary defines tolerance as ‘showing respect for the rights or opinions or practices of others’. In short it is about accepting people for who they are and treating others the way you would like to be treated. In marriage, tolerance is about respect shown by: accepting difference of opinion, of family and culture, of beliefs and religion, and most importantly, of habits.

Today, more than ever, our children interact with people of differing ethnicities, religions, and cultures, and ability levels. Classrooms are increasingly diverse, and reflect the communities where families live and work.

Having tolerance not only improves our relationships with people but it also opens up more opportunities in education, business, and many other aspects of life.

Teaching Tolerance

- Live it: Children develop their own values, in great part, by mirroring the values and attitudes of those they care about. Parents’ attitudes about respecting others are often so much a part of them that they rarely even think about it. Parents who demonstrate tolerance and respect in their everyday lives give out a powerful message. As a result, their kids learn to appreciate differences in others as well as themselves.
- Acknowledge and respect differences within your own family. Demonstrate acceptance of your children’s differing abilities, interests, and styles. Value the uniqueness of each member of your family.
- Talk about tolerance and respect: When media or life experiences present opportunities regarding tolerance or lack thereof, talk to your child about the values you would like them to exhibit. Answer kids’ questions about differences honestly and respectfully. This teaches that it is acceptable to notice and discuss differences as long as it is done with respect. Point out and talk about unfair stereotypes that may be portrayed in media.
- Remember that tolerance does not mean tolerating unacceptable behavior. It means that everyone deserves to be treated with respect — and in turn should treat others with respect as well.
- Provide opportunities: Give them opportunities to play and work with others of diverse backgrounds. Children learn firsthand that everyone has something to contribute and we really aren’t that different in our thinking and living.
- Select books, toys, music, art, and videos carefully. Keep in mind the powerful effect that the media and pop culture have on shaping attitudes.
- Build self-esteem: Help your children feel good about themselves. Kids who feel badly about themselves often treat others badly. Kids with strong self-esteem value respect themselves and are more likely to treat others with respect, too. Help your child to feel accepted, respected, and valued.
- Learn about traditions: Learn together about holiday and religious celebrations that are not part of your own tradition. Honor your family’s traditions and teach them to your kids — and to someone outside the family who wants to learn about the diversity you have to offer.

When parents encourage a tolerant attitude in their children, talk about their values, and model the behavior they would like to see by treating others well, kids will follow in their footsteps.

If we all could take on board that:

EVERYBODY IS DIFFERENT
EVERYBODY IS SPECIAL
EVERYBODY IS IMPORTANT’ the world would be a better place.

Adapted from Kids Health - http://kidshealth.org/parent/positive/talk/tolerance and thanks to Elizabeth McNeill – Guidance Officer

Sarah Round, Jashu Vekariya, Cheryl Wilson-Ayala
Guidance Officers

From Your Chappy Sarah

Chaplaincy Newsletter

There are some GREAT things happening in Chaplaincy over the next two terms and here’s what we have for you...

CHOICES lunchtime program – Each Wednesday during first break, we have a team from Centro Teens coming in to
run some crazy activities with you. So far we have seen some brave students come up against our very own Gladiators on the Horizontal Bungee Challenge. This week there was some crazy dancing happening in the hall.

NEXT WEEK – The team are back for a hot dog eating contest. That’s right. So join us outside of the tuckshop to see students taking on our Gladiators again, the keen ones that is!”

LIFEGROUP – This will be happening every Tuesday at first break up in Annex 1. This group is for young people who would like to get to know other students in a fun atmosphere. There are games and all sorts of different things going on… plus LORDS of fun! This group is run by Dolores Cufi one of our great school leaders. For more info please come and see either myself or Dolores.

Some of you may be asking yourselves – What is it that a Chaplain does in a school? Well I’m glad you asked!

As a chaplain I have the pleasure of hanging out with you guys and organising things within the school, which you enjoy.

My role is to see how I can help make your life here at the school, a little bit easier.

How do I do this?

First and foremost I am here to support you in all different areas – spiritually, emotionally and pretty much any other area you can think of. I do this by spending time with you. School life can get pretty tough, and along with some pressures at home, sometimes things get a little hard to handle. This is where I can help. If you ever feel like things are getting a bit much and you would just like to talk to someone about it, I’m here. Feel free to drop past my office and organise an appointment.

I also love to get guests into the school to either entertain you or to talk to about some cool life choices. Sometimes we have guests like JC Epidemic, who did an awesome stunt show last term.

Needs for you and your family

Part of my role as Chaplain is to look after the welfare of families within the school. I have access to frozen meals and shopping hampers. If you know of someone, perhaps a friend or peer, who is going through a rough time, or perhaps your own family is struggling at home, then please come and talk to me about how we can help out. We are generally able to get a food hamper to a family within 24 hours, depending on the stock from the local churches, however it can be provided as soon as possible.

SCHOOL BASED YOUTH HEALTH NURSE 2013

My name is Angi Gibbon; I am the School Based Youth Health Nurse at Ipswich State High. I am available Monday, Tuesday and Wednesdays. My focus is providing support to young people on matters concerning their health and well being such as: healthy eating, feelings of stress, relationships, personal and family problems, growth and development, sexual health, smoking, alcohol and other drugs. I also help in connecting people with external support services, as at times other services can provide more appropriate or ongoing support. My service also includes supporting staff with information on health and wellbeing related to young people whether that may be resources or guest speaking in specific classes.

My service is confidential and information is not shared unless permission is obtained for me to do so. As a health service provider confidentiality is essential, however, there are some things which I must refer or act upon. Please discuss what can be expected about confidentiality with me at the time of your visit.

In most cases, it is best for young people to talk to their parents about health and wellbeing issues. This is something that I can support the young person in doing.

If you would like to see me, the service is voluntary. Drop by during a break or contact the school office via phone. If I am busy at the time I am very happy to make an appointment at another time for you.

I look forward to providing support over the coming year.

Angi Gibbon
Upstairs A block

EMPLOYMENT NEWS

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<th>How to Apply</th>
<th>Description/ Comments</th>
<th>Company</th>
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<td>Register your interest today</td>
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<td>Register your interest today</td>
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<td>THE COFFEE CLUB – BOOVAL FAIR</td>
<td>Certificate III Hospitality (Front of House)</td>
<td>Send resume to <a href="mailto:szamp2@eq.edu.au">szamp2@eq.edu.au</a></td>
<td>1 position – Monday, Hours to be confirmed with employer</td>
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### School-based Traineeships – See Mrs Zampech upstairs in A block

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<td>Certificate III Hospitality (Front of House)</td>
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<td>2 positions – Tuesday &amp; Thursday, Hours to be confirmed with employer</td>
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<td>BAKERS DELIGHT</td>
<td>Certificate II in Retail</td>
<td>Send Resume to <a href="mailto:szamp2@eq.edu.au">szamp2@eq.edu.au</a></td>
<td>2 Positions Hours 8am – 4pm Years 10 &amp; 11 welcome</td>
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<td>DOMINOS PIZZA KENMORE</td>
<td>Certificate III in Hospitality</td>
<td>Send Resume to <a href="mailto:szamp2@eq.edu.au">szamp2@eq.edu.au</a></td>
<td>2 Positions Front of House. Hours to be spread over 3 days. Preferably Yr 10 Students. 2 positions front of house and back of house. Hours to be discussed</td>
<td>Busy at Work</td>
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<td>PLUM CAFÉ</td>
<td>Certificate III in Hospitality</td>
<td>Send resume to <a href="mailto:szamp2@eq.edu.au">szamp2@eq.edu.au</a></td>
<td>Walter, Register and Food Prep. Must be punctual and reliable, well-mannered and friendly. Students in YR 10, 11 Welcome</td>
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<td>BUCKING BULL</td>
<td>Certificate II in Retail</td>
<td>Send Resume to <a href="mailto:szamp2@eq.edu.au">szamp2@eq.edu.au</a></td>
<td>2 Positions Position involves preparing Hot Food and Customer Service. Students in Year 10 &amp; 11 Welcome to apply</td>
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<td>DONUT KING BOoval FAIR</td>
<td>Certificate II in Retail</td>
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<td>RED ROOSTER</td>
<td>Certificate II in Retail or Certificate II in Hospitality</td>
<td>Send Resume to <a href="mailto:szamp2@eq.edu.au">szamp2@eq.edu.au</a></td>
<td>5 Positions – Students choice</td>
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<td>URBAN PANTRY</td>
<td>Certificate III Hospitality (Front of House)</td>
<td>Send Resume to <a href="mailto:szamp2@eq.edu.au">szamp2@eq.edu.au</a></td>
<td>Day to be confirmed with employer upon application</td>
<td>Busy at Work</td>
</tr>
<tr>
<td>PAPA G’S</td>
<td>Certificate II in Retail</td>
<td>Send Resume to <a href="mailto:szamp2@eq.edu.au">szamp2@eq.edu.au</a></td>
<td>1 Position – Wednesday + 1 additional afternoon</td>
<td>Busy at Work</td>
</tr>
</tbody>
</table>

**SAMANTHA ZAMPECH**

**Vocational Placement Officer**

**Year 12 Formal 2013**

The Year 12 Formal (cost $100) will be held on Tuesday 12 November 2013 at Ipswich Civic Centre, Nicholas Street, Ipswich. Students normally arrive between 6.00 and 6.30pm.

The official photographers for the formal are Berg Studios. They offer a package deal for $65. (4 photos 7” x 5” and 1 photo 12” x 8”) If students only wish to purchase single photos, each 7” by 5” photo will cost $11. Payment for the photo package or single photos can be made at the finance office.

All payments must be finalised by Friday 11TH October. EFTPOS facilities are available at the finance office.

Students currently in Year 12 are unable to attend the school formal unless they have paid all outstanding school fees.

**Senior Schooling News**

On Thursday 11th July twenty of our Year 10 and 11 students were given the opportunity of visiting The University of Queensland – St Lucia campus. Students heard first-hand information from university lecturers and students about university life, options for courses and what some of the faculty
areas actually cover. Along with 1000 students from the south-east corner of Queensland ISHS students were able to speak to other students in the same position as themselves and see what their competition is for the future. This visit supports student study towards their future options, QCS test, university entry and QTAC applications that will take place over the next few years. It is essential that students understand what they are working towards. Should students have any questions regarding the information gained at the university they can speak directly to the university, our guidance staff, Deputy Principal or HOD Senior Schooling.

 Semester One reports have been sent home giving parents a clear indication of progress across all curriculum areas. Students who have been identified as having significant difficulties will be interviewed by either the Deputy Principal (Year 11 or 12) or HOD Senior Schooling to find the best course of action to support the success of each student at ISHS. If you were unable to attend Parent-Teacher Interviews held recently please do not hesitate to contact the relevant staff to organise another opportunity to meet and discuss options for your student.

For our Year 12 students it is time to put serious thought into their QTAC applications and university course selection. The Queensland Tertiary Applicant Centre (QTAC) is the central point where most university applications are processed. As a result, students need to begin working on identifying [6] six course preferences, in order of ideal to worst case scenario. They will need to take on board the advice and information provided by our Guidance staff who will begin this dissemination of information.

Key dates for Year 12 Students:

- QCS exams – September 3 and 4
- QTAC application data input by students in access time [September 10-20]
- QTAC applications due September 27

Key dates for Year 10 Students:

- SET planning and Senior Subject selection interviews – August 28 [will require parent attendance also]

If you have any questions about the information above or any other concerns please don’t hesitate to contact the school.

Donna Gilvary
HOD Senior Schooling

House of Champions

Congratulations to the 40 Elite Dance students who competed in the House of Champions Hip Hop Competition over the school holidays. This was their first time competing in the event, where they fronted 13 amazing schools from all over South East Queensland. The students narrowly missed a placing, but walked away feeling like winners after their spectacular performance. Congratulations to all involved.

Ipswich Eisteddfod

In the final weeks of term 2, over 100 of our dance students competed in the Ipswich Junior Dance Eisteddfod. We had 8 groups enter the competition with great success. Results are as follows:

<table>
<thead>
<tr>
<th>Group</th>
<th>Position</th>
</tr>
</thead>
<tbody>
<tr>
<td>10 Dance Woman in Black</td>
<td>1st</td>
</tr>
<tr>
<td>11/12 Dance Mad World</td>
<td>2nd</td>
</tr>
<tr>
<td>Elite Hip Hop Prison Break</td>
<td>3rd</td>
</tr>
<tr>
<td>Junior Dance Go Go Gadget</td>
<td>Very Highly Commended</td>
</tr>
<tr>
<td>Year 9C Supercalifragilistic</td>
<td>Very Highly Commended</td>
</tr>
<tr>
<td>Year 9A Dance Burn</td>
<td>Highly Commended</td>
</tr>
</tbody>
</table>

Congratulations to all involved for your professionalism, commitment and outstanding performances. We look forward to our next eisteddfod in Gatton on Friday 14th September.

Rugby League Academy Update

It has been an exciting time for the Rugby League Academy since we last reported in this newsletter.

PNG visit

The national under 16’s and 18’s sides from Papua New Guinea toured Australia and took in Ipswich State High School as part of their visit.

Our under 16’s lost out 10-13 but our first grade lost 26-6 but the standard of the opposition was nothing short of exceptional! At the end of the day’s play, both teams got in a huddle to sing the Rugby League Academy song (see more below)

Year 8’s and 9’s

Our Year 8 and 9 first grade teams are still unbeaten and in the clear at the top of their respective CISSA comps. This term alone the 8’s recorded an excellent 38-12 victory over a strong Redbank side in the penultimate round of the CISSA competition.

They followed this up with a “round of 16” Broncos Cup victory over St Joseph’s, Toowoomba. It was a game on the road in a cold and windy Toowoomba but outstanding defence led to a 26-0 success for our team. They are now in the last 8 of this competition which decides the best teams in South East Queensland. A win in the last 8 will see them emulate last year’s Year 8 team who made the semi finals.

That team are now Year 9’s and are on track to repeat that feat after a 32-10 win, also on the road in Toowoomba over St Mary’s.

Well done boys.

Year 10 resurgence

After a disappointing start to their season, the year 10’s are now on a huge roll. They beat previously unbeaten Bundamba 64-10 and St Peter Claver 38-12 to project them into the finals positions. This has probably been the most pleasing aspect of the Academy of late.

Opens

Our opens are confirmed Minor Premiers in the CISSA competition and await a semi final against the 4th placed team in the competition. 4th place could belong to either St Peter Claver, our own second team or Redbank, who are firsts topped 42-20 in week two of term. Our seconds and Redbank meet in week 3 in a play-off for second place.

Finals

From week 4 of term, it is finals time in CISSA competitions. The semi-finals for all competitions will follow a 1 v 4 and a 2 v 3 knockout format, with the winners proceeding to the Grand Final a week later (week 5) and then winners of each final go into the Metropolitan competitions.

All Grand Finals will be at Karalee RLFC on Wednesday of week 5. It is not beyond the realms of possibility that Ipswich State High could feature in several Grand Finals, although the groups are aware there is a lot of work to be done. It would be great if you were there to support our teams as we chase CISSA success.
Faaliga Salaivao

Congratulations and good luck to Faaliga in year 12 who has been scouted by Parramatta Eels and sent down to Sydney for a trial for next years Under 20’s Holden Cup side. Faaliga is repeating Year 12 here at Ipswich State High and several NRL doors have opened up for him since the move to our school. Do not be surprised if you hear plenty about him in the years to come.

School Rugby League song

You may have heard it on the side of the fields, so here are the lyrics…(to the tune of the Proclaimers hit 500 miles)

When I’m workin’, yes I know I’m gonna be
I’m gonna be the man who’s workin’ hard for you.
And when im runnin’, yeah I know im gonna be,
Im gonna be the man who runs to bust for you

When I tackle (when I tackle), oh I know I’m gonna be,
’I’m gonna be the man who tackles hard for you
And when it get’s tough, well you know I’m gonna be
I’m gonna be the man who stands right next to you.

But I would walk 500 miles
And I would walk 500 more
Just to be the team who walked 1000 miles
And show up wanting more...

Da da-da da (da da-da da)
Da da-da da (da da-da da)

I expect to this song to be a number one hit soon!

Team of the year update

Results for the last newsletter period (* indicates previous appearances in this team)
1. Adam Mears (year 10)
2. David Crawley (year 10)
3. August Tolova’A (year 9)*
4. Chad Gernetsky (year 9)
5. Kaygen Munroe (year 8)
6. Brian Burton (year 8)
7. Ty Marshall (year 8) **
8. Zac Ames (year 9) *
9. Liam Callan (year 12) *
10. Tesh Kumar (year 11)
11. Oskar Moore (year 8) *
12. Kyle Fender (year 10)
13. Faaliga Salaivao (year 12) *

We look forward to seeing you on our sidelines this term, supporting the boys!

Take care

Lee Addison
ISHS Rugby League Head Coach

New Exciting Tuckshop Menu

As from Monday 29th July our Tuckshop has some new exciting things on the menu. Check out our new Canteen List.

Dental Van

The Child and Adolescent Oral Health Service offers a quality, free oral health program to all children from 4 years old to year 10. Children are offered treatment through their school and this treatment is carried out at either a dental clinic or in a mobile dental van.

The Dental van will be offering an examination/check up appointment for students in grades 8 – 10. We are commencing with students in GRADE 10 who return a signed form. Forms will be issued to other grades in the coming months. The prompt return of all dental forms would be greatly appreciated.

SEP News

Pave the way workshop

Pave the Way is hosting a one day workshop for parents and families with disabilities. This offers an opportunity to explore a range of practical strategies to assist families to safeguard their family member in the short and long terms.

• Building deeper relationships in our local communities
• Having a clear vision for the future based on what makes a good life
• Starting with the gifts and positive qualities of our family member, not their disability
• Ways to invite others on the journey
• Examining our beliefs and values

The workshop includes reflective and interactive exercises that families can apply to their particular situations.

If you would like more information or to RSVP to contact Pave the Way – 07 3291 5800 or free call 1300 554 402 – or e-mail pavetheway@pavetheway.org.au.

Market Garden Project

We are currently undertaking plans to develop a fully functioning organic market garden. This will enable our students various opportunities to engage in activities that will support them in their future endeavours.

Some of the plans we have in mind are listed below:
• Full organic vegetable garden
• Companion planting
• Garden to table
• Preserving and pickling produce
• Propagation of plants

As this project evolves we will ensure that pictures are published... WATCH THIS SPOT

Should you have any knowledge or feedback that may help enrich this project we would love to hear from you. Our contact number is 3813 4488 (Lea Donnelly – Acting HOSES – Ipswich State High School).

Post School Options Conference:

Several of our year 12 senior students attended a recent conference at Rydges Hotel, South Brisbane to explore their post school options. The students gained a vast knowledge base from this event which they can apply to their future goals.
Staffing News

Some of you will be aware that the Special Education Unit here at Ipswich State High School has seen several changes in recent months. This being that Sue Earl has accepted a continuing role within the Brisbane School of Distance Education until the end of 2013. We wish her all the success in her journey.

In her absence Lea Donnelly has accepted the role as Acting Head of Special Education Services. We wish her every success and hope she enjoys heading our team.

SAAVI students win an AWARD

Congratulations to the Cert III in Active Volunteering students who were recently awarded a Federal Government, Members of Parliament – volunteer’s awards! This acknowledges the variety of volunteering that students have engaged in eg disabled riding school ‘pooper scooping’, reading to students at Ipswich West Special School, conducting Daniel Morcombe Foundation talks with Brassall students, organising an International Women’s Day event at Ipswich High etc.

This subject equips students with confidence to volunteer at a variety of not for profit organisations in our community. It also gains students 8 points for their QCE. There are 10 competencies that students work through over the two year course. Students are also required to do at least 80 hours of volunteer work.

For further information about this amazing subject for yr11 & 12 students, please contact Tanya McKenna on tmcke39@eq.edu.au or 04120456504.

SHINE Course Graduation for Term 2

The students who participated in the SHINE course for girls in years 8-10 enjoyed a special luncheon at FENTON’s restaurant to celebrate the conclusion of their course. Students overwhelmingly stated that they were encouraged to respect themselves and others because of the SHINE course.

Post Formal Mystery Tour 2013

The 2013 Post Formal Mystery Tour is shaping up to be the biggest and best YET! A few last details are being confirmed and then the Year 12 students will be informed of a couple of exciting activities that they’ll be involved in during their Post Formal Mystery Tour. Ipswich State High School started the PFMT concept and has helped approximately 12 other schools to offer this very successful, fun drug and alcohol free event for Year 12 students! Stay tuned for updates on 2013 PFMT.

Biggest Morning Tea

The Australia’s Biggest Morning Tea is an opportunity for friends, family or workmates to come together, share a cuppa and some delicious food, whilst helping those affected by cancer. This wasn’t just an event that we thought about for 5 minutes, it was an opportunity for Year 12 to change people’s lives.

As the process of organising such an inspirational event continued, many businesses within the Ipswich community were there to help us. Many such as IGA Brassall and Winston Glades, Woolworths Brassall, Billy Macs Brassall, Kmart Ipswich, Coles Ipswich, Boodles Brassall, Pizza Hut Brassall, Lui’s Fruit and Veg Booval, gave generous donations towards the Biggest Morning Tea. Many staff, students and parents also gave up their time into preparing items and cooking such wonderful food. Mayor Paul Pisasale also donated $200 towards this event.

Of course the Y12’s gave generously and teachers commented on the maturity and sensitivity with which they conducted themselves. Without the help from these incredible sponsors and people, this event would not have been able to happen. Thanks to everyone involved for helping making this such a successful event. It is this wonderful community feeling that makes The Ipswich State High School such a great place to be.

Staff held a separate morning tea in the week before the Y12 Biggest Morning Tea. This also demonstrated the strength and unity of the school in helping others less fortunate.

So, on the 6 June 2013 Ipswich State High School’s Biggest Morning Tea was up and running. The stress and chaos into preparing this was worth it. By the end of it all, we managed to raise a grand total of $600 which will now be used to help change the lives of many Australians.

Teigan Hogbin
SRC - O’Hanlon House Captain

Facility Staff Day 2013

Ipswich SHS took time to thank our facilities staff and cleaners for the job they do in keeping our school clean and tidy.

The Hospitality students and teachers prepared a breakfast, as a sign of appreciation for the Facility Team’s contribution to our site.

The breakfast was attended by the school Administration Team, who spoke highly of the pride and commitment the Facility Team place in their work.

It was noted that officials and visitors to our school, regularly comment on the presentation of the grounds and facilities.

Rocky Horror Road Show combined schools yr12 event

Year 12 students participated in the combined schools RHRShow recently which highlighted the need to be cautious on the road.

Students watched a DVD of a staged party scene which showed friends NOT allowing their friend to drive home after drinking. The next day, the driver vomits and thinks they are fit to drive. The car is filled with young people who are talking, listening to music and texting – the driver is distracted and a car crash is simulated.

Students then went outside to view the Emergency services attending the staged crashed car. Ambulance, Fire and Police went into accident mode to help the student who was pretending to be trapped in the car. The driver was breath tested and found to be over the BAL limit, thus exacerbating this serious simulation. Michael Todd from Ipswich State High played the role of the person on the bonnet of the car who wasn’t wearing a seatbelt (the undertakers in the simulation treated him as a simulated fatality - GREAT ACTING MICHAEL!)

Nadine Webster from Ipswich Crime Prevention co-ordinated this event which was presented to 7 schools over 3 days. THANK YOU
to Nadine and those who represented the Ambulance, Police, Fire, Education Queensland and the government appointed undertaker!

The catch cry for Rocky Horror Road Show is to make leaving Year 12 a milestone and not a tombstone!

Election Day BBQ Fundraiser

The P & C Association will be conducting a BBQ sausage sizzle at school for the election. They are seeking donations of cans of softdrink or raffle items. You may be able to contribute time on the stall. If you are available to assist please email dwhya7@eq.edu.au.

ISHS Is Twittering

Are you following us on Twitter yet? Twitter is a fantastic, easy way of keeping in touch with the school and staying informed about all of the amazing things that are happening at ISHS. If you are already on Twitter search for Ipswich SHS and follow us. If you are not yet a Twitterer it is easy to sign up at www.twitter.com and find people and groups to follow. One of the great things about Twitter is that you can read posts from your computer, mobile phone, ipad etc – you don’t have to be at home to keep up with the latest news.

Like all social media, remember to check the security settings on your personal accounts) tick this box. Your account will now be unticked anyone can see your tweets, videos or images. If you prefer to keep this information available to people you approve of only (this option is recommended for students up early can either call the school or provide a note for the student to present to the Student Services Window prior to the commencement of school to receive a LEAVE REQUEST slip.

What to do if my student texts or calls me to leave school early?

You can phone the school and give permission over the phone. If they are sick, please tell them to go to Student Services and sign in for sick bay where they can wait in air conditioned comfort and be monitored by first aid trained staff. This also makes locating your student when you arrive a very fast process.

STUDENTS DRIVING TO SCHOOL

Students wishing to park their cars in the school grounds are required to complete a permission form. Please see Mr Moore for a form. Students parking in the grounds without permission will be asked to remove their cars from the grounds. The designated parking area for students is on the grassed area at the back of the car park. Remember it is a privilege to park in the school grounds and this privilege can be withdrawn if littering from cars occurs or dangerous driving is observed.

Car keys must be deposited at Student Services on arrival, and both cars and drivers are subject to spot safety checks from our SBPO, Constable Steph.

MATHS CALCULATORS

All students should now have a calculator. Students can bring their calculator to the HOD of Maths for engraving.

Maths Tutoring

Tutoring – Mathematics tutoring will continue after school from 3pm to 4pm in H-block each week. Students are welcome to access the computers and work on any subject. English/SOSE teachers also attend to help guide these students.

REMINDER FOR PARENTS AND GUARDIANS

If your child is unwell it is best keeping them at home to rest. This is an important stage to recovery and will minimise the risk of transferring infection to other children. If your child has continued fever, aches, pains or any other symptoms after three (3) days please seek further medical advices or contact 13HEALTH on 13 43 25 84 for further attention.

Keeping you informed.

Student Services

STUDENT DETAILS UPDATE

If students have any changes in their details (address, phone numbers, emergency contacts, email address) please let Student Services know. This would be greatly appreciated as many times we have had students in sick bay and we do not have current contact details.

Up to date email addresses can be given to Student Services if you wish to receive a monthly edition of our school newsletter.

STUDENT ABSENCE LINE FOR ALL ABSENCES 3813 4401

FOR LATE ARRIVALS: Students who arrive at school after 9.05am are required to sign in late at the Student Services Window.

Parents may call the school or provide a note to approve the late arrival either prior to, or after the fact.

All other late arrivals will be marked as unexplained, a note is issued home and a note can be provided if the late arrival either prior to, or after the fact.

Parents who need to pick their students up early can either call the school or provide a note for the student to present to the Student Services Window prior to the commencement of school to receive a LEAVE REQUEST slip.

The REQUEST slip is presented to the teacher at the appropriate time to get out of class. The student brings the REQUEST slip to the Student Services Window to receive their LEAVE PASS.

What to do if my student texts or calls me to leave school early?

You can phone the school and give permission over the phone. If they are sick, please tell them to go to Student Services and sign in for sick bay where they can wait in air conditioned comfort and be monitored by first aid trained staff. This also makes locating your student when you arrive a very fast process.

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ENGLISH TUTORING

Attention ALL students!

Any students needing help in English or SOSE? Tutoring will be held again this year on Thursday afternoons in the Resource Centre from 3 to 4pm. Come along for some general homework and assessment help!

See B block for more details

YSC Program

DID YOU KNOW?

There is a Youth Support Coordinator in your school! The Youth Support Coordinator is someone who specializes in helping students who have disengaged and/or are at risk of disengaging from school. We aim to work with the young person to identify and address any of their concerns and enable them with the skills and knowledge to feel confident to complete their schooling. If you are having any issues at school, get in touch with your YSC, either at school or call the ICYS office on: (07) 3812 1050

COMMUNITY NEWS

Little Athletics commenced in Ipswich in 1976 as Bundamba Little Athletics and later moved to Bill Paterson Oval in 1981 with a name change to Ipswich Little Athletics. For many years the average registrations have been 350 athletes. Last season (2012/13) 421 athletes aged between 5 years to 16 years were registered at the centre.

All age groups compete in a total of five track and field events each Friday night commencing at 6.00pm. Track events consist of sprints, distance, hurdles and walk. Field events are long jump, triple jump, high jump, shot put, discus and javelin. The emphasis is to learn the basics of all events and try to improve each time an athlete competes.

Two exciting Regional Championships are held throughout the season.

In November the Regional Relay Championships are held. From this competition athletes place first, second and third progress to the State Championships held at the State Athletics Facility, Brisbane.

In February 2014 the Regional Summer Championships will be held with athletes placed in the top four places progressing to the Queensland Little Athletics State Championships. A total of fifteen medals were collected by Ipswich athletes at these championships last season.

Run, jump, throw - give Little Athletics a go.

**Sign-on dates:**

Friday, 30th August, 2013 from 5.00pm to 7.00pm

Saturday, 31st August, 2013 from 2.00pm to 5.00pm

Friday the 6th September 2013 is the first competition night.

For more information please contact: Crystal 0458 198 602 or Ann 3201 8431, 0427 112 661 or Check website www.ipswichla.org.au

SCHOOL CALENDAR

July/August

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>27TH JULY – 2ND AUGUST</td>
<td>NERIMA STUDENTS VISIT</td>
</tr>
<tr>
<td>31ST JULY</td>
<td>YEAR 11 WORK EXPERIENCE</td>
</tr>
<tr>
<td>31ST – 2ND AUGUST</td>
<td>YEAR 10 CAMP</td>
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